



Reimbursable Over-the-counter Medications

WITHIN HEALTH CARE REIMBURSEMENT ACCOUNTS (HRAS)
AND VOLUNTARY EMPLOYEES BENEFICIARY ASSOCIATION (VEBA) ACCOUNTS

Reimbursable:

- Antacids
- Anti-itch cream or lotion
- Allergy medication
- Anti-diarrhea medication, laxatives
- Bandages, gauze pads, first aid kits
- Bug bite medication
- Carpal tunnel wrist supports
- Cold/hot compress for injuries, crutches
- Cold medication, pain reliever
- Condoms, spermicidal foam
- Contact lens solution, cleaners
- Cough drops, throat lozenges, sinus medication, nasal sinus spray
- Diaper rash ointment
- First aid creams and ointments, liquid adhesives, topical ointments
- Glucosamine/chondroitin for arthritis or other medical conditions
- Hemorrhoid creams
- Incontinence supplies
- Insulin
- Joint/muscle pain medication
- Medicated shampoos and soaps
- Menstrual cycle products for pain and cramp relief
- Motion sickness pills
- Nasal strips for snoring
- Nicotine gum or patches for stop-smoking purposes
- Orthopedic shoe inserts
- Pregnancy test kits
- Prenatal vitamins during pregnancy
- Reading glasses
- Rubbing alcohol
- Sleeping aids
- Sunscreen SPF of 15 or higher, Lip Balm
- Sunburn cream or ointment
- Tampons, pads and liners
- Thermometers (ear or mouth)
- Wart remover treatments

Reimbursable with a doctor's prescription:

- Hormone therapy and treatment for menopausal symptoms (hot flashes, night sweats, etc.)
- Supplements, vitamins, or herbal treatments to treat medical condition
- Weight loss supplements or medications prescribed to treat a specific medical condition

Not Reimbursable:

- Face creams, moisturizers
- Toiletries
- Toothbrushes, toothpaste
- Vitamins and supplements for maintaining general good health

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begins here.

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