



Questions? Call our Service Center at 1-800-888-2461.

## Instructions

Use this form to request periodic exchanges from one investment option to one or more investment options. Complete the entire form. Please type or print.

### 1. Provide General Information

☐ Application Attached or Contract Number \_\_\_\_\_

Name of Owner \_\_\_\_\_  
First MI Last

Mailing Address \_\_\_\_\_  
Street Address City State Zip Code

Social Security Number/Tax I.D. Number \_\_\_\_\_

Daytime Phone Number \_\_\_\_\_ Home Phone Number \_\_\_\_\_

### 2. Set Up Dollar Cost Averaging

Please complete each sub-section.

A. Effective Date \_\_\_\_\_  
Date (mm/dd/yyyy - must be between 1st and 28th of the month)

If no date is indicated, or date indicated is prior to the date of receipt, the first transfer will occur on the date the request is received in proper form.

B. Frequency (check one):

☐ Monthly ☐ Quarterly ☐ Semi-Annually ☐ Annually

C. Option (check one):

☐ \$ \_\_\_\_\_ per transfer over \_\_\_\_\_ months/years.

☐ % \_\_\_\_\_ per transfer over \_\_\_\_\_ months/years.

☐ Fixed Period over \_\_\_\_\_ months/years.

☐ Only Interest/Earnings over \_\_\_\_\_ months/years.

(Earnings will accrue for one time period – i.e. monthly or quarterly – from the effective date before the first transfer occurs.)

Continued on Next Page ►



### 3. Provide Investment Directions (continued on page 3)

#### Transfer From (choose only one):

- |   |   |
|---|---|
| <input type="checkbox"/> % AB Discovery Value                                 | <input type="checkbox"/> % Delaware VIP Global Equity                         |
| <input type="checkbox"/> % AB Relative Value                                  | <input type="checkbox"/> % Delaware VIP Real Estate Securities                |
| <input type="checkbox"/> % AB Sustainable Global Thematic                     | <input type="checkbox"/> % Dimensional VA Equity Allocation                   |
| <input type="checkbox"/> % AB VPS Dynamic Asset Allocation                    | <input type="checkbox"/> % Dimensional VA Global Bond Portfolio               |
| <input type="checkbox"/> % AFIS Capital World Growth and Income               | <input type="checkbox"/> % Dimensional VA Global Moderate Allocation          |
| <input type="checkbox"/> % AFIS U.S. Government Securities                    | <input type="checkbox"/> % Dimensional VA International Small Portfolio       |
| <input type="checkbox"/> % AFIS Washington Mutual Investors                   | <input type="checkbox"/> % Dimensional VA International Value Portfolio       |
| <input type="checkbox"/> % Alger Capital Appreciation                         | <input type="checkbox"/> % Dimensional VA Short-Term Fixed Portfolio          |
| <input type="checkbox"/> % Alger Large Cap Growth                             | <input type="checkbox"/> % Dimensional VA U.S. Large Value Portfolio          |
| <input type="checkbox"/> % Allspring International Equity VT                  | <input type="checkbox"/> % Dimensional VA U.S. Targeted Value Portfolio       |
| <input type="checkbox"/> % Allspring Opportunity VT                           | <input type="checkbox"/> % Donoghue Forlines Dividend VIT Fund                |
| <input type="checkbox"/> % Allspring VT Discovery All Cap Growth              | <input type="checkbox"/> % Donoghue Forlines Momentum VIT Fund                |
| <input type="checkbox"/> % ALPS/Alerian Energy Infrastructure                 | <input type="checkbox"/> % DWS Capital Growth VIP                             |
| <input type="checkbox"/> % American Century VP Disciplined Core Value         | <input type="checkbox"/> % DWS Core Equity VIP                                |
| <input type="checkbox"/> % American Century VP Inflation Protection           | <input type="checkbox"/> % DWS CROCI® U.S. VIP                                |
| <input type="checkbox"/> % American Century VP International                  | <input type="checkbox"/> % DWS Global Small Cap VIP                           |
| <input type="checkbox"/> % American Century VP Mid Cap Value                  | <input type="checkbox"/> % DWS High Income VIP                                |
| <input type="checkbox"/> % American Century VP Value                          | <input type="checkbox"/> % DWS International Growth VIP                       |
| <input type="checkbox"/> % American Funds IS® Asset Allocation                | <input type="checkbox"/> % DWS Small Mid Cap Value VIP                        |
| <input type="checkbox"/> % American Funds IS® Capital World Bond              | <input type="checkbox"/> % Eaton Vance VT Floating-Rate Income                |
| <input type="checkbox"/> % American Funds IS® Global Growth                   | <input type="checkbox"/> % Federated Hermes for U.S. Government Securities II |
| <input type="checkbox"/> % American Funds IS® Global Small Capitalization     | <input type="checkbox"/> % Federated Hermes High Income Bond II               |
| <input type="checkbox"/> % American Funds IS® Growth                          | <input type="checkbox"/> % Fidelity® VIP Balanced                             |
| <input type="checkbox"/> % American Funds IS® Growth-Income                   | <input type="checkbox"/> % Fidelity® VIP Contrafund®                          |
| <input type="checkbox"/> % American Funds IS® International                   | <input type="checkbox"/> % Fidelity® VIP Disciplined Small Cap                |
| <input type="checkbox"/> % American Funds IS® International Growth and Income | <input type="checkbox"/> % Fidelity® VIP Emerging Markets                     |
| <input type="checkbox"/> % American Funds IS® Mortgage                        | <input type="checkbox"/> % Fidelity® VIP Growth & Income                      |
| <input type="checkbox"/> % American Funds IS® New World                       | <input type="checkbox"/> % Fidelity® VIP Growth Opportunities                 |
| <input type="checkbox"/> % BlackRock Advantage Large Cap Core V.I.            | <input type="checkbox"/> % Fidelity® VIP High Income                          |
| <input type="checkbox"/> % BlackRock Basic Value V.I.                         | <input type="checkbox"/> % Fidelity® VIP Index 500                            |
| <input type="checkbox"/> % BlackRock Capital Appreciation V.I.                | <input type="checkbox"/> % Fidelity® VIP Investment Grade Bond                |
| <input type="checkbox"/> % BlackRock Equity Dividend V.I.                     | <input type="checkbox"/> % Fidelity® VIP Mid Cap                              |
| <input type="checkbox"/> % BlackRock Global Allocation V.I.                   | <input type="checkbox"/> % Fidelity® VIP Overseas                             |
| <input type="checkbox"/> % BlackRock High Yield V.I.                          | <input type="checkbox"/> % Fidelity® VIP Real Estate                          |
| <input type="checkbox"/> % BlackRock Large Cap Focus Growth V.I.              | <input type="checkbox"/> % Fidelity® VIP Strategic Income                     |
| <input type="checkbox"/> % BNY Mellon IP Small Cap Stock Index                | <input type="checkbox"/> % Franklin DynaTech VIP                              |
| <input type="checkbox"/> % BNY Mellon IP Technology Growth                    | <input type="checkbox"/> % Franklin Growth and Income VIP Fund                |
| <input type="checkbox"/> % BNY Mellon Stock Index                             | <input type="checkbox"/> % Franklin Income VIP Fund                           |
| <input type="checkbox"/> % BNY Mellon VIF Appreciation                        | <input type="checkbox"/> % Franklin Large Cap Growth VIP Fund                 |
| <input type="checkbox"/> % Delaware Ivy VIP Asset Strategy                    | <input type="checkbox"/> % Franklin Mutual Global Discovery VIP Fund          |
| <input type="checkbox"/> % Delaware Ivy VIP Balanced                          | <input type="checkbox"/> % Franklin Mutual Shares VIP Fund                    |
| <input type="checkbox"/> % Delaware Ivy VIP Core Equity                       | <input type="checkbox"/> % Franklin Rising Dividends VIP Fund                 |
| <input type="checkbox"/> % Delaware Ivy VIP Energy                            | <input type="checkbox"/> % Franklin Small Cap Value VIP Fund                  |
| <input type="checkbox"/> % Delaware Ivy VIP Global Growth                     | <input type="checkbox"/> % Franklin Small-Mid Cap Growth VIP Fund             |
| <input type="checkbox"/> % Delaware Ivy VIP Growth                            | <input type="checkbox"/> % Franklin Strategic Income VIP Fund                 |
| <input type="checkbox"/> % Delaware Ivy VIP High Income                       | <input type="checkbox"/> % Franklin U.S. Government Securities VIP Fund       |
| <input type="checkbox"/> % Delaware Ivy VIP International Core Equity         | <input type="checkbox"/> % Goldman Sachs VIT International Equity Insights    |
| <input type="checkbox"/> % Delaware Ivy VIP Limited-Term Bond                 | <input type="checkbox"/> % Goldman Sachs VIT Large Cap Value                  |
| <input type="checkbox"/> % Delaware Ivy VIP Mid Cap Growth                    | <input type="checkbox"/> % Goldman Sachs VIT Mid Cap Growth                   |
| <input type="checkbox"/> % Delaware Ivy VIP Natural Resources                 | <input type="checkbox"/> % Goldman Sachs VIT Mid Cap Value                    |
| <input type="checkbox"/> % Delaware Ivy VIP Science and Technology            |   |
| <input type="checkbox"/> % Delaware Ivy VIP Small Cap Growth                  |   |
| <input type="checkbox"/> % Delaware Ivy VIP Smid Cap Core                     |   |
| <input type="checkbox"/> % Delaware Ivy VIP Value                             |   |

Continued on Next Page ►



### 3. Provide Investment Directions (continued from page 2)

#### Transfer From (choose only one):

- |   |   |
|---|---|
| <input type="checkbox"/> % Goldman Sachs VIT Small Cap Equity Insights        | <input type="checkbox"/> % Lord Abbett Series Growth Opportunities VC                   |
| <input type="checkbox"/> % Goldman Sachs VIT Strategic Growth                 | <input type="checkbox"/> % Lord Abbett Series Mid Cap Stock VC                          |
| <input type="checkbox"/> % Guggenheim VIF All Cap Value                       | <input type="checkbox"/> % Lord Abbett Series Total Return VC                           |
| <input type="checkbox"/> % Guggenheim VIF Floating Rate Strategies            | <input type="checkbox"/> % LVIP JPMorgan Core Bond                                      |
| <input type="checkbox"/> % Guggenheim VIF Global Managed Futures Strategy     | <input type="checkbox"/> % LVIP JPMorgan Small Cap Core                                 |
| <input type="checkbox"/> % Guggenheim VIF High Yield                          | <input type="checkbox"/> % LVIP JPMorgan U.S. Equity                                    |
| <input type="checkbox"/> % Guggenheim VIF Large Cap Value                     | <input type="checkbox"/> % MFS® VIT Emerging Markets Equity                             |
| <input type="checkbox"/> % Guggenheim VIF Long Short Equity                   | <input type="checkbox"/> % MFS® VIT Global Tactical Allocation                          |
| <input type="checkbox"/> % Guggenheim VIF Managed Asset Allocation            | <input type="checkbox"/> % MFS® VIT High Yield  |
| <input type="checkbox"/> % Guggenheim VIF Multi-Hedge Strategies              | <input type="checkbox"/> % MFS® VIT II MA Investors Growth Stock                        |
| <input type="checkbox"/> % Guggenheim VIF Small Cap Value                     | <input type="checkbox"/> % MFS® VIT II Research International                           |
| <input type="checkbox"/> % Guggenheim VIF SMid Cap Value                      | <input type="checkbox"/> % MFS® VIT International Intrinsic Value                       |
| <input type="checkbox"/> % Guggenheim VIF StylePlus Large Core                | <input type="checkbox"/> % MFS® VIT Investors Trust                                     |
| <input type="checkbox"/> % Guggenheim VIF StylePlus Large Growth              | <input type="checkbox"/> % MFS® VIT New Discovery                                       |
| <input type="checkbox"/> % Guggenheim VIF StylePlus Mid Growth                | <input type="checkbox"/> % MFS® VIT Research  |
| <input type="checkbox"/> % Guggenheim VIF StylePlus Small Growth              | <input type="checkbox"/> % MFS® VIT Total Return  |
| <input type="checkbox"/> % Guggenheim VIF Total Return Bond                   | <input type="checkbox"/> % MFS® VIT Total Return Bond                                   |
| <input type="checkbox"/> % Guggenheim VIF World Equity Income                 | <input type="checkbox"/> % MFS® VIT Utilities   |
| <input type="checkbox"/> % Invesco Oppenheimer V.I. International Growth Fund | <input type="checkbox"/> % Morgan Stanley VIF Emerging Markets Debt                     |
| <input type="checkbox"/> % Invesco V.I. American Franchise                    | <input type="checkbox"/> % Morgan Stanley VIF Emerging Markets Equity                   |
| <input type="checkbox"/> % Invesco V.I. American Value                        | <input type="checkbox"/> % Morningstar Aggressive Growth ETF Asset Allocation Portfolio |
| <input type="checkbox"/> % Invesco V.I. Balanced-Risk Allocation              | <input type="checkbox"/> % Morningstar Balanced ETF Asset Allocation Portfolio          |
| <input type="checkbox"/> % Invesco V.I. Comstock                              | <input type="checkbox"/> % Morningstar Conservative ETF Asset Allocation Portfolio      |
| <input type="checkbox"/> % Invesco V.I. Core Equity                           | <input type="checkbox"/> % Morningstar Growth ETF Asset Allocation Portfolio            |
| <input type="checkbox"/> % Invesco V.I. Discovery Mid Cap Growth              | <input type="checkbox"/> % Morningstar Income and Growth ETF Asset Allocation Portfolio |
| <input type="checkbox"/> % Invesco V.I. Equally-Weighted S&P 500              | <input type="checkbox"/> % Neuberger Berman AMT Sustainable Equity                      |
| <input type="checkbox"/> % Invesco V.I. Equity and Income                     | <input type="checkbox"/> % PIMCO VIT All Asset  |
| <input type="checkbox"/> % Invesco V.I. EQV International Equity              | <input type="checkbox"/> % PIMCO VIT CommodityRealReturn Strategy                       |
| <input type="checkbox"/> % Invesco V.I. Global                                | <input type="checkbox"/> % PIMCO VIT Emerging Markets Bond                              |
| <input type="checkbox"/> % Invesco V.I. Global Core Equity                    | <input type="checkbox"/> % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)     |
| <input type="checkbox"/> % Invesco V.I. Global Real Estate                    | <input type="checkbox"/> % PIMCO VIT Global Managed Asset Allocation                    |
| <input type="checkbox"/> % Invesco V.I. Global Strategic Income               | <input type="checkbox"/> % PIMCO VIT High Yield   |
| <input type="checkbox"/> % Invesco V.I. Government Securities                 | <input type="checkbox"/> % PIMCO VIT International Bond Portfolio (Unhedged)            |
| <input type="checkbox"/> % Invesco V.I. Growth and Income                     | <input type="checkbox"/> % PIMCO VIT Low Duration                                       |
| <input type="checkbox"/> % Invesco V.I. Health Care                           | <input type="checkbox"/> % PIMCO VIT Real Return  |
| <input type="checkbox"/> % Invesco V.I. High Yield                            | <input type="checkbox"/> % PIMCO VIT Short-Term   |
| <input type="checkbox"/> % Invesco V.I. Main Street Mid Cap Fund®             | <input type="checkbox"/> % PIMCO VIT Total Return                                       |
| <input type="checkbox"/> % Invesco V.I. Main Street Small Cap Fund®           | <input type="checkbox"/> % Pioneer Bond VCT   |
| <input type="checkbox"/> % Invesco V.I. Small Cap Equity                      | <input type="checkbox"/> % Pioneer Equity Income VCT                                    |
| <input type="checkbox"/> % Janus Henderson VIT Enterprise                     | <input type="checkbox"/> % Pioneer High Yield VCT                                       |
| <input type="checkbox"/> % Janus Henderson VIT Forty                          | <input type="checkbox"/> % Pioneer Strategic Income VCT                                 |
| <input type="checkbox"/> % Janus Henderson VIT Mid Cap Value                  | <input type="checkbox"/> % Putnam VT Core Equity  |
| <input type="checkbox"/> % Janus Henderson VIT Overseas                       | <input type="checkbox"/> % Putnam VT Diversified Income                                 |
| <input type="checkbox"/> % Janus Henderson VIT Research                       | <input type="checkbox"/> % Putnam VT Global Asset Allocation                            |
| <input type="checkbox"/> % Lord Abbett Series Bond-Debenture VC               | <input type="checkbox"/> % Putnam VT High Yield   |
| <input type="checkbox"/> % Lord Abbett Series Developing Growth VC            | <input type="checkbox"/> % Putnam VT Income   |
| <input type="checkbox"/> % Lord Abbett Series Dividend Growth VC              | <input type="checkbox"/> % Putnam VT Large Cap Growth                                   |
| <input type="checkbox"/> % Lord Abbett Series Fundamental Equity VC           | <input type="checkbox"/> % Putnam VT Large Cap Value                                    |
| <input type="checkbox"/> % Lord Abbett Series Growth and Income VC            | <input type="checkbox"/> % Putnam VT Small Cap Growth                                   |

Continued on Next Page ►



### 3. Provide Investment Directions (continued from page 3)

#### Transfer From (choose only one):

- |  |  |
|--|--|
| <input type="checkbox"/> % Redwood Managed Volatility                      | <input type="checkbox"/> % T. Rowe Price Health Sciences                         |
| <input type="checkbox"/> % Rydex VIF Banking                               | <input type="checkbox"/> % T. Rowe Price Limited-Term Bond                       |
| <input type="checkbox"/> % Rydex VIF Basic Materials                       | <input type="checkbox"/> % Templeton Developing Markets VIP Fund                 |
| <input type="checkbox"/> % Rydex VIF Biotechnology                         | <input type="checkbox"/> % Templeton Foreign VIP Fund                            |
| <input type="checkbox"/> % Rydex VIF Commodities Strategy                  | <input type="checkbox"/> % Templeton Global Bond VIP Fund                        |
| <input type="checkbox"/> % Rydex VIF Consumer Products                     | <input type="checkbox"/> % Templeton Growth VIP Fund                             |
| <input type="checkbox"/> % Rydex VIF Dow 2x Strategy                       | <input type="checkbox"/> % Third Avenue Value                                    |
| <input type="checkbox"/> % Rydex VIF Electronics                           | <input type="checkbox"/> % TOPS® Aggressive Growth ETF                           |
| <input type="checkbox"/> % Rydex VIF Energy                                | <input type="checkbox"/> % TOPS® Balanced ETF                                    |
| <input type="checkbox"/> % Rydex VIF Energy Services                       | <input type="checkbox"/> % TOPS® Conservative ETF                                |
| <input type="checkbox"/> % Rydex VIF Europe 1.25x Strategy                 | <input type="checkbox"/> % TOPS® Growth ETF                                      |
| <input type="checkbox"/> % Rydex VIF Financial Services                    | <input type="checkbox"/> % TOPS® Managed Risk Balanced ETF                       |
| <input type="checkbox"/> % Rydex VIF Government Long Bond 1.2x Strategy    | <input type="checkbox"/> % TOPS® Managed Risk Growth ETF                         |
| <input type="checkbox"/> % Rydex VIF Health Care                           | <input type="checkbox"/> % TOPS® Managed Risk Moderate Growth ETF                |
| <input type="checkbox"/> % Rydex VIF High Yield Strategy                   | <input type="checkbox"/> % TOPS® Moderate Growth ETF                             |
| <input type="checkbox"/> % Rydex VIF Internet                              | <input type="checkbox"/> % VanEck VIP Global Gold                                |
| <input type="checkbox"/> % Rydex VIF Inverse Dow 2x Strategy               | <input type="checkbox"/> % VanEck VIP Global Resources                           |
| <input type="checkbox"/> % Rydex VIF Inverse Government Long Bond Strategy | <input type="checkbox"/> % Vanguard® VIF Balanced                                |
| <input type="checkbox"/> % Rydex VIF Inverse Mid-Cap Strategy              | <input type="checkbox"/> % Vanguard® VIF Capital Growth                          |
| <input type="checkbox"/> % Rydex VIF Inverse NASDAQ-100® Strategy          | <input type="checkbox"/> % Vanguard® VIF Conservative Allocation                 |
| <input type="checkbox"/> % Rydex VIF Inverse Russell 2000® Strategy        | <input type="checkbox"/> % Vanguard® VIF Diversified Value                       |
| <input type="checkbox"/> % Rydex VIF Inverse S&P 500 Strategy              | <input type="checkbox"/> % Vanguard® VIF Equity Income                           |
| <input type="checkbox"/> % Rydex VIF Japan 2x Strategy                     | <input type="checkbox"/> % Vanguard® VIF Equity Index                            |
| <input type="checkbox"/> % Rydex VIF Leisure                               | <input type="checkbox"/> % Vanguard® VIF Global Bond Index                       |
| <input type="checkbox"/> % Rydex VIF Mid-Cap 1.5x Strategy                 | <input type="checkbox"/> % Vanguard® VIF Growth                                  |
| <input type="checkbox"/> % Rydex VIF NASDAQ-100®                           | <input type="checkbox"/> % Vanguard® VIF High Yield Bond                         |
| <input type="checkbox"/> % Rydex VIF NASDAQ-100® 2x Strategy               | <input type="checkbox"/> % Vanguard® VIF International                           |
| <input type="checkbox"/> % Rydex VIF Nova                                  | <input type="checkbox"/> % Vanguard® VIF Mid-Cap Index                           |
| <input type="checkbox"/> % Rydex VIF Precious Metals                       | <input type="checkbox"/> % Vanguard® VIF Moderate Allocation                     |
| <input type="checkbox"/> % Rydex VIF Real Estate                           | <input type="checkbox"/> % Vanguard® VIF Real Estate Index                       |
| <input type="checkbox"/> % Rydex VIF Retailing                             | <input type="checkbox"/> % Vanguard® VIF Short Term Investment Grade             |
| <input type="checkbox"/> % Rydex VIF Russell 2000® 1.5x Strategy           | <input type="checkbox"/> % Vanguard® VIF Small Company Growth                    |
| <input type="checkbox"/> % Rydex VIF Russell 2000® 2x Strategy             | <input type="checkbox"/> % Vanguard® VIF Total Bond Market Index                 |
| <input type="checkbox"/> % Rydex VIF S&P 500 2x Strategy                   | <input type="checkbox"/> % Vanguard® VIF Total International Stock Market Index  |
| <input type="checkbox"/> % Rydex VIF S&P 500 Pure Growth                   | <input type="checkbox"/> % Vanguard® VIF Total Stock Market Index                |
| <input type="checkbox"/> % Rydex VIF S&P 500 Pure Value                    | <input type="checkbox"/> % Virtus Duff & Phelps Real Estate Securities Series    |
| <input type="checkbox"/> % Rydex VIF S&P MidCap 400 Pure Growth            | <input type="checkbox"/> % Virtus KAR Small-Cap Growth Series                    |
| <input type="checkbox"/> % Rydex VIF S&P MidCap 400 Pure Value             | <input type="checkbox"/> % Virtus Newfleet Multi-Sector Intermediate Bond Series |
| <input type="checkbox"/> % Rydex VIF S&P SmallCap 600 Pure Growth          | <input type="checkbox"/> % Virtus SGA International Growth Series                |
| <input type="checkbox"/> % Rydex VIF S&P SmallCap 600 Pure Value           | <input type="checkbox"/> % Virtus Strategic Allocation Series                    |
| <input type="checkbox"/> % Rydex VIF Strengthening Dollar 2x Strategy      | <input type="checkbox"/> % Voya MidCap Opportunities Portfolio                   |
| <input type="checkbox"/> % Rydex VIF Technology                            | <input type="checkbox"/> % VY CBRE Global Real Estate Portfolio                  |
| <input type="checkbox"/> % Rydex VIF Telecommunications                    | <input type="checkbox"/> % VY CBRE Real Estate Portfolio                         |
| <input type="checkbox"/> % Rydex VIF Transportation                        | <input type="checkbox"/> % Western Asset Variable Global High Yield Bond         |
| <input type="checkbox"/> % Rydex VIF U.S. Government Money Market          |  |
| <input type="checkbox"/> % Rydex VIF Utilities                             |  |
| <input type="checkbox"/> % Rydex VIF Weakening Dollar 2x Strategy          |  |
| <input type="checkbox"/> % T. Rowe Price Blue Chip Growth                  |  |
| <input type="checkbox"/> % T. Rowe Price Equity Income                     |  |

**Must Total 100%**

Continued on Next Page ►



### 3. Provide Investment Directions (continued on page 6)

Transfer To (indicate whole percentages totaling 100%):

|   |   |
|---|---|
| <input type="text"/> % AB Discovery Value                                 | <input type="text"/> % Dimensional VA Equity Allocation                   |
| <input type="text"/> % AB Relative Value                                  | <input type="text"/> % Dimensional VA Global Bond Portfolio               |
| <input type="text"/> % AB Sustainable Global Thematic                     | <input type="text"/> % Dimensional VA Global Moderate Allocation          |
| <input type="text"/> % AB VPS Dynamic Asset Allocation                    | <input type="text"/> % Dimensional VA International Small Portfolio       |
| <input type="text"/> % AFIS Capital World Growth and Income               | <input type="text"/> % Dimensional VA International Value Portfolio       |
| <input type="text"/> % AFIS U.S. Government Securities                    | <input type="text"/> % Dimensional VA Short-Term Fixed Portfolio          |
| <input type="text"/> % AFIS Washington Mutual Investors                   | <input type="text"/> % Dimensional VA U.S. Large Value Portfolio          |
| <input type="text"/> % Alger Capital Appreciation <sup>1</sup>            | <input type="text"/> % Dimensional VA U.S. Targeted Value Portfolio       |
| <input type="text"/> % Alger Large Cap Growth                             | <input type="text"/> % Donoghue Forlines Dividend VIT Fund                |
| <input type="text"/> % Allspring International Equity VT                  | <input type="text"/> % Donoghue Forlines Momentum VIT Fund                |
| <input type="text"/> % Allspring Omega Growth VT                          | <input type="text"/> % DWS Capital Growth VIP                             |
| <input type="text"/> % Allspring Opportunity VT                           | <input type="text"/> % DWS Core Equity VIP                                |
| <input type="text"/> % Allspring VT Discovery All Cap Growth              | <input type="text"/> % DWS CROCI® U.S. VIP                                |
| <input type="text"/> % ALPS/Alerian Energy Infrastructure                 | <input type="text"/> % DWS Global Small Cap VIP                           |
| <input type="text"/> % American Century VP Disciplined Core Value         | <input type="text"/> % DWS High Income VIP                                |
| <input type="text"/> % American Century VP Inflation Protection           | <input type="text"/> % DWS International Growth VIP                       |
| <input type="text"/> % American Century VP International                  | <input type="text"/> % DWS Small Mid Cap Value VIP                        |
| <input type="text"/> % American Century VP Mid Cap Value <sup>1</sup>     | <input type="text"/> % Eaton Vance VT Floating-Rate Income                |
| <input type="text"/> % American Century VP Value                          | <input type="text"/> % Federated Hermes for U.S. Government Securities II |
| <input type="text"/> % American Funds IS® Asset Allocation                | <input type="text"/> % Federated Hermes High Income Bond II               |
| <input type="text"/> % American Funds IS® Capital World Bond              | <input type="text"/> % Fidelity® VIP Balanced                             |
| <input type="text"/> % American Funds IS® Global Growth                   | <input type="text"/> % Fidelity® VIP Contrafund®                          |
| <input type="text"/> % American Funds IS® Global Small Capitalization     | <input type="text"/> % Fidelity® VIP Disciplined Small Cap                |
| <input type="text"/> % American Funds IS® Growth                          | <input type="text"/> % Fidelity® VIP Emerging Markets                     |
| <input type="text"/> % American Funds IS® Growth-Income                   | <input type="text"/> % Fidelity® VIP Growth & Income                      |
| <input type="text"/> % American Funds IS® International                   | <input type="text"/> % Fidelity® VIP Growth Opportunities                 |
| <input type="text"/> % American Funds IS® International Growth and Income | <input type="text"/> % Fidelity® VIP High Income                          |
| <input type="text"/> % American Funds IS® Mortgage                        | <input type="text"/> % Fidelity® VIP Index 500                            |
| <input type="text"/> % American Funds IS® New World                       | <input type="text"/> % Fidelity® VIP Investment Grade Bond                |
| <input type="text"/> % BlackRock Advantage Large Cap Core V.I.            | <input type="text"/> % Fidelity® VIP Mid Cap                              |
| <input type="text"/> % BlackRock Basic Value V.I.                         | <input type="text"/> % Fidelity® VIP Overseas                             |
| <input type="text"/> % BlackRock Capital Appreciation V.I.                | <input type="text"/> % Fidelity® VIP Real Estate                          |
| <input type="text"/> % BlackRock Equity Dividend V.I.                     | <input type="text"/> % Fidelity® VIP Strategic Income                     |
| <input type="text"/> % BlackRock Global Allocation V.I.                   | <input type="text"/> % Franklin DynaTech VIP                              |
| <input type="text"/> % BlackRock High Yield V.I.                          | <input type="text"/> % Franklin Growth and Income VIP Fund                |
| <input type="text"/> % BlackRock Large Cap Focus Growth V.I.              | <input type="text"/> % Franklin Income VIP Fund                           |
| <input type="text"/> % BNY Mellon IP Small Cap Stock Index                | <input type="text"/> % Franklin Large Cap Growth VIP Fund                 |
| <input type="text"/> % BNY Mellon IP Technology Growth                    | <input type="text"/> % Franklin Mutual Global Discovery VIP Fund          |
| <input type="text"/> % BNY Mellon Stock Index                             | <input type="text"/> % Franklin Mutual Shares VIP Fund                    |
| <input type="text"/> % BNY Mellon VIF Appreciation                        | <input type="text"/> % Franklin Rising Dividends VIP Fund                 |
| <input type="text"/> % Delaware Ivy VIP Asset Strategy                    | <input type="text"/> % Franklin Small Cap Value VIP Fund                  |
| <input type="text"/> % Delaware Ivy VIP Balanced                          | <input type="text"/> % Franklin Small-Mid Cap Growth VIP Fund             |
| <input type="text"/> % Delaware Ivy VIP Core Equity                       | <input type="text"/> % Franklin Strategic Income VIP Fund                 |
| <input type="text"/> % Delaware Ivy VIP Energy                            | <input type="text"/> % Franklin U.S. Government Securities VIP Fund       |
| <input type="text"/> % Delaware Ivy VIP Global Growth                     | <input type="text"/> % Goldman Sachs VIT International Equity Insights    |
| <input type="text"/> % Delaware Ivy VIP Growth                            | <input type="text"/> % Goldman Sachs VIT Large Cap Value                  |
| <input type="text"/> % Delaware Ivy VIP High Income                       | <input type="text"/> % Goldman Sachs VIT Mid Cap Growth                   |
| <input type="text"/> % Delaware Ivy VIP International Core Equity         | <input type="text"/> % Goldman Sachs VIT Mid Cap Value                    |
| <input type="text"/> % Delaware Ivy VIP Limited-Term Bond                 | <input type="text"/> % Goldman Sachs VIT Small Cap Equity Insights        |
| <input type="text"/> % Delaware Ivy VIP Mid Cap Growth                    | <input type="text"/> % Goldman Sachs VIT Strategic Growth                 |
| <input type="text"/> % Delaware Ivy VIP Natural Resources                 | <input type="text"/> % Guggenheim VIF All Cap Value                       |
| <input type="text"/> % Delaware Ivy VIP Science and Technology            | <input type="text"/> % Guggenheim VIF Floating Rate Strategies            |
| <input type="text"/> % Delaware Ivy VIP Small Cap Growth                  | <input type="text"/> % Guggenheim VIF Global Managed Futures Strategy     |
| <input type="text"/> % Delaware Ivy VIP Smid Cap Core                     | <input type="text"/> % Guggenheim VIF High Yield                          |
| <input type="text"/> % Delaware Ivy VIP Value                             | <input type="text"/> % Guggenheim VIF Large Cap Value                     |
| <input type="text"/> % Delaware VIP Global Equity                         |   |
| <input type="text"/> % Delaware VIP Real Estate Securities                |   |

Continued on Next Page ►



### 3. Provide Investment Directions (continued from page 5)

#### Transfer To (indicate whole percentages totaling 100%):

|  |  |
|--|--|
| _____ % Guggenheim VIF Long Short Equity                     | _____ % MFS® VIT Investors Trust                                     |
| _____ % Guggenheim VIF Managed Asset Allocation              | _____ % MFS® VIT New Discovery                                       |
| _____ % Guggenheim VIF Multi-Hedge Strategies                | _____ % MFS® VIT Research  |
| _____ % Guggenheim VIF Small Cap Value                       | _____ % MFS® VIT Total Return  |
| _____ % Guggenheim VIF SMid Cap Value                        | _____ % MFS® VIT Total Return Bond                                   |
| _____ % Guggenheim VIF StylePlus Large Core                  | _____ % MFS® VIT Utilities   |
| _____ % Guggenheim VIF StylePlus Large Growth                | _____ % Morgan Stanley VIF Emerging Markets Debt                     |
| _____ % Guggenheim VIF StylePlus Mid Growth                  | _____ % Morgan Stanley VIF Emerging Markets Equity                   |
| _____ % Guggenheim VIF StylePlus Small Growth                | _____ % Morningstar Aggressive Growth ETF Asset Allocation Portfolio |
| _____ % Guggenheim VIF Total Return Bond                     | _____ % Morningstar Balanced ETF Asset Allocation Portfolio          |
| _____ % Guggenheim VIF World Equity Income                   | _____ % Morningstar Conservative ETF Asset Allocation Portfolio      |
| _____ % Invesco Oppenheimer V.I. International Growth Fund   | _____ % Morningstar Growth ETF Asset Allocation Portfolio            |
| _____ % Invesco V.I. American Franchise                      | _____ % Morningstar Income and Growth ETF Asset Allocation Portfolio |
| _____ % Invesco V.I. American Value                          | _____ % Neuberger Berman AMT Sustainable Equity                      |
| _____ % Invesco V.I. Balanced-Risk Allocation                | _____ % PIMCO VIT All Asset  |
| _____ % Invesco V.I. Comstock                                | _____ % PIMCO VIT CommodityRealReturn Strategy                       |
| _____ % Invesco V.I. Core Equity                             | _____ % PIMCO VIT Emerging Markets Bond                              |
| _____ % Invesco V.I. Discovery Mid Cap Growth                | _____ % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)     |
| _____ % Invesco V.I. Equally-Weighted S&P 500                | _____ % PIMCO VIT Global Managed Asset Allocation                    |
| _____ % Invesco V.I. Equity and Income                       | _____ % PIMCO VIT High Yield   |
| _____ % Invesco V.I. EQV International Equity                | _____ % PIMCO VIT International Bond Portfolio (Unhedged)            |
| _____ % Invesco V.I. Global                                  | _____ % PIMCO VIT Low Duration                                       |
| _____ % Invesco V.I. Global Core Equity                      | _____ % PIMCO VIT Real Return  |
| _____ % Invesco V.I. Global Real Estate                      | _____ % PIMCO VIT Short-Term   |
| _____ % Invesco V.I. Global Strategic Income                 | _____ % PIMCO VIT Total Return                                       |
| _____ % Invesco V.I. Government Securities                   | _____ % Pioneer Bond VCT   |
| _____ % Invesco V.I. Growth and Income                       | _____ % Pioneer Equity Income VCT                                    |
| _____ % Invesco V.I. Health Care                             | _____ % Pioneer High Yield VCT                                       |
| _____ % Invesco V.I. High Yield                              | _____ % Pioneer Strategic Income VCT                                 |
| _____ % Invesco V.I. Main Street Mid Cap Fund®               | _____ % Putnam VT Core Equity  |
| _____ % Invesco V.I. Main Street Small Cap Fund®             | _____ % Putnam VT Diversified Income                                 |
| _____ % Invesco V.I. Small Cap Equity                        | _____ % Putnam VT Global Asset Allocation                            |
| _____ % Janus Henderson VIT Enterprise                       | _____ % Putnam VT High Yield   |
| _____ % Janus Henderson VIT Forty                            | _____ % Putnam VT Income   |
| _____ % Janus Henderson VIT Mid Cap Value                    | _____ % Putnam VT Large Cap Growth                                   |
| _____ % Janus Henderson VIT Overseas                         | _____ % Putnam VT Large Cap Value                                    |
| _____ % Janus Henderson VIT Research                         | _____ % Putnam VT Small Cap Growth                                   |
| _____ % Lord Abbett Series Bond-Debenture VC                 | _____ % Redwood Managed Volatility                                   |
| _____ % Lord Abbett Series Developing Growth VC <sup>1</sup> | _____ % Rydex VIF Banking  |
| _____ % Lord Abbett Series Dividend Growth VC                | _____ % Rydex VIF Basic Materials                                    |
| _____ % Lord Abbett Series Fundamental Equity VC             | _____ % Rydex VIF Biotechnology                                      |
| _____ % Lord Abbett Series Growth and Income VC              | _____ % Rydex VIF Commodities Strategy                               |
| _____ % Lord Abbett Series Growth Opportunities VC           | _____ % Rydex VIF Consumer Products                                  |
| _____ % Lord Abbett Series Mid Cap Stock VC                  | _____ % Rydex VIF Electronics  |
| _____ % Lord Abbett Series Total Return VC                   | _____ % Rydex VIF Energy   |
| _____ % LVIP JPMorgan Core Bond                              | _____ % Rydex VIF Energy Services                                    |
| _____ % LVIP JPMorgan Small Cap Core                         | _____ % Rydex VIF Financial Services                                 |
| _____ % LVIP JPMorgan U.S. Equity                            | _____ % Rydex VIF Health Care  |
| _____ % MFS® VIT Emerging Markets Equity                     | _____ % Rydex VIF High Yield Strategy                                |
| _____ % MFS® VIT Global Tactical Allocation                  | _____ % Rydex VIF Internet   |
| _____ % MFS® VIT High Yield                                  |  |
| _____ % MFS® VIT II MA Investors Growth Stock                |  |
| _____ % MFS® VIT II Research International                   |  |
| _____ % MFS® VIT International Intrinsic Value               |  |

Continued on Next Page ►



### 3. Provide Investment Directions (continued from page 6)

#### Transfer To (indicate whole percentages totaling 100%):

|  |   |
|--|---|
| _____ % Rydex VIF Leisure                      | _____ % Vanguard® VIF Equity Income                           |
| _____ % Rydex VIF NASDAQ-100®                  | _____ % Vanguard® VIF Equity Index                            |
| _____ % Rydex VIF Precious Metals              | _____ % Vanguard® VIF Global Bond Index                       |
| _____ % Rydex VIF Real Estate                  | _____ % Vanguard® VIF Growth                                  |
| _____ % Rydex VIF Retailing                    | _____ % Vanguard® VIF High Yield Bond                         |
| _____ % Rydex VIF S&P 500 Pure Growth          | _____ % Vanguard® VIF International                           |
| _____ % Rydex VIF S&P 500 Pure Value           | _____ % Vanguard® VIF Mid-Cap Index                           |
| _____ % Rydex VIF S&P MidCap 400 Pure Growth   | _____ % Vanguard® VIF Moderate Allocation                     |
| _____ % Rydex VIF S&P MidCap 400 Pure Value    | _____ % Vanguard® VIF Real Estate Index                       |
| _____ % Rydex VIF S&P SmallCap 600 Pure Growth | _____ % Vanguard® VIF Short Term Investment Grade             |
| _____ % Rydex VIF S&P SmallCap 600 Pure Value  | _____ % Vanguard® VIF Small Company Growth <sup>1</sup>       |
| _____ % Rydex VIF Technology                   | _____ % Vanguard® VIF Total Bond Market Index                 |
| _____ % Rydex VIF Telecommunications           | _____ % Vanguard® VIF Total International Stock Market Index  |
| _____ % Rydex VIF Transportation               | _____ % Vanguard® VIF Total Stock Market Index                |
| _____ % Rydex VIF U.S. Government Money Market | _____ % Virtus Duff & Phelps Real Estate Securities Series    |
| _____ % Rydex VIF Utilities                    | _____ % Virtus KAR Small-Cap Growth Series                    |
| _____ % T. Rowe Price Blue Chip Growth         | _____ % Virtus Newfleet Multi-Sector Intermediate Bond Series |
| _____ % T. Rowe Price Equity Income            | _____ % Virtus SGA International Growth Series                |
| _____ % T. Rowe Price Health Sciences          | _____ % Virtus Strategic Allocation Series                    |
| _____ % T. Rowe Price Limited-Term Bond        | _____ % Voya MidCap Opportunities Portfolio                   |
| _____ % Templeton Developing Markets VIP Fund  | _____ % VY CBRE Global Real Estate Portfolio                  |
| _____ % Templeton Foreign VIP Fund             | _____ % VY CBRE Real Estate Portfolio                         |
| _____ % Templeton Global Bond VIP Fund         | _____ % Western Asset Variable Global High Yield Bond         |
| _____ % Templeton Growth VIP Fund              |   |
| _____ % Third Avenue Value                     |   |
| _____ % TOPS® Aggressive Growth ETF            |   |
| _____ % TOPS® Balanced ETF                     |   |
| _____ % TOPS® Conservative ETF                 |   |
| _____ % TOPS® Growth ETF                       |   |
| _____ % TOPS® Managed Risk Balanced ETF        |   |
| _____ % TOPS® Managed Risk Growth ETF          |   |
| _____ % TOPS® Managed Risk Moderate Growth ETF |   |
| _____ % TOPS® Moderate Growth ETF              |   |
| _____ % VanEck VIP Global Gold                 |   |
| _____ % VanEck VIP Global Resources            |   |
| _____ % Vanguard® VIF Balanced                 |   |
| _____ % Vanguard® VIF Capital Growth           |   |
| _____ % Vanguard® VIF Conservative Allocation  |   |
| _____ % Vanguard® VIF Diversified Value        |   |

**Must Total 100%**

<sup>1</sup> New purchases into this subaccount are limited to contract holders who had an investment in the subaccount as of the date it was closed and who maintain such investment.

Continued on Next Page ►





4. Provide Signature

I understand and authorize the transaction(s) requested on this form.

|   |   |                            |   |
|---|---|----------------------------|---|
| X | _____<br>Signature of Owner                             | _____<br>Date (mm/dd/yyyy) | _____<br>(You must include your designation if signing as a trustee, executor, custodian, guardian, or attorney-in-fact.) |
| X | _____<br>Signature of Joint Owner (if applicable)       | _____<br>Date (mm/dd/yyyy) | _____<br>(You must include your designation if signing as a trustee, executor, custodian, guardian, or attorney-in-fact.) |
| X | _____<br>Signature of Financial Professional (optional) | _____<br>Date (mm/dd/yyyy) | _____<br>Print Name of Financial Professional   |

Mail to:

First Security Benefit Life Insurance and Annuity Company of New York | Administrative Office

P.O. Box 750497 | Topeka, Kansas 66675-0497

Fax to: 785.368.1772

Visit us online at FSBL.com

