First Security Benefit Life Insurance and Annuity Company of New York

EliteDesigns® II Change Investment Allocations

Questions? Call our Service Center at 1-800-888-2461.

Instructions

Use this form to modify your existing and/or future investment allocations. You must complete sections 1, 2, 5 and any of the following that apply:

- Future Allocation Change and/or Current Investment Allocation Change – Section 3
- Exchange of Investment Value – Section 4

Restrictions may apply; refer to your Prospectus. Please type or print.

1. Provide General Information

Contract Number _____

Name of Owner _____ (First) _____ (MI) _____ (Last)

Mailing Address _____ (Street Address) _____ (City) _____ (State) _____ (Zip Code)

Social Security Number/Tax I.D. Number _____

Daytime Phone Number _____ **Home Phone Number** _____

2. Select the Effective Date

Effective Date _____ (Date (mm/dd/yyyy))

If no date is indicated, or date indicated is prior to the date of receipt, the transfer will occur on the date the request is received in proper form.

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3. Change Future / Current Investment Allocations (continued on page 3)

Complete this section if you wish to change your future allocations and/or change current investment allocations.

Select all that apply: ☐ Future allocation change ☐ One-time current investment allocation change

Indicate whole percentages totaling 100%:

_____ % AB Discovery Value
_____ % AB Relative Value
_____ % AB Sustainable Global Thematic
_____ % AB VPS Dynamic Asset Allocation
_____ % AFIS Capital World Growth and Income
_____ % AFIS U.S. Government Securities
_____ % AFIS Washington Mutual Investors
_____ % Alger Capital Appreciation [1]
_____ % Alger Large Cap Growth
_____ % Allspring International Equity VT
_____ % Allspring Opportunity VT
_____ % Allspring VT Discovery All Cap Growth
_____ % ALPS/Alerian Energy Infrastructure
_____ % American Century VP Disciplined Core Value
_____ % American Century VP Inflation Protection
_____ % American Century VP International
_____ % American Century VP Mid Cap Value [1]
_____ % American Century VP Value
_____ % American Funds IS® Asset Allocation
_____ % American Funds IS® Capital World Bond
_____ % American Funds IS® Global Growth
_____ % American Funds IS® Global Small Capitalization
_____ % American Funds IS® Growth
_____ % American Funds IS® Growth-Income
_____ % American Funds IS® International
_____ % American Funds IS® International Growth and Income
_____ % American Funds IS® Mortgage
_____ % American Funds IS® New World
_____ % BlackRock Advantage Large Cap Core V.I.
_____ % BlackRock Basic Value V.I.
_____ % BlackRock Capital Appreciation V.I.
_____ % BlackRock Equity Dividend V.I.
_____ % BlackRock Global Allocation V.I.
_____ % BlackRock High Yield V.I.
_____ % BlackRock Large Cap Focus Growth V.I.
_____ % BNY Mellon IP Small Cap Stock Index
_____ % BNY Mellon IP Technology Growth
_____ % BNY Mellon Stock Index
_____ % BNY Mellon VIF Appreciation
_____ % Delaware Ivy VIP Asset Strategy
_____ % Delaware Ivy VIP Balanced
_____ % Delaware Ivy VIP Core Equity
_____ % Delaware Ivy VIP Energy
_____ % Delaware Ivy VIP Global Growth
_____ % Delaware Ivy VIP Growth
_____ % Delaware Ivy VIP High Income
_____ % Delaware Ivy VIP International Core Equity
_____ % Delaware Ivy VIP Limited-Term Bond
_____ % Delaware Ivy VIP Mid Cap Growth
_____ % Delaware Ivy VIP Natural Resources
_____ % Delaware Ivy VIP Science and Technology
_____ % Delaware Ivy VIP Small Cap Growth
_____ % Delaware Ivy VIP Smid Cap Core
_____ % Delaware Ivy VIP Value
_____ % Delaware VIP Global Equity
_____ % Delaware VIP Real Estate Securities
_____ % Dimensional VA Equity Allocation
_____ % Dimensional VA Global Bond Portfolio
_____ % Dimensional VA Global Moderate Allocation
_____ % Dimensional VA International Small Portfolio
_____ % Dimensional VA International Value Portfolio
_____ % Dimensional VA Short-Term Fixed Portfolio
_____ % Dimensional VA U.S. Large Value Portfolio
_____ % Dimensional VA U.S. Targeted Value Portfolio
_____ % Donoghue Forlines Dividend VIT Fund
_____ % Donoghue Forlines Momentum VIT Fund
_____ % DWS Capital Growth VIP
_____ % DWS Core Equity VIP
_____ % DWS CROCI® U.S. VIP
_____ % DWS Global Small Cap VIP
_____ % DWS High Income VIP
_____ % DWS International Growth VIP
_____ % DWS Small Mid Cap Value VIP
_____ % Eaton Vance VT Floating-Rate Income
_____ % Federated Hermes for U.S. Government Securities II
_____ % Federated Hermes High Income Bond II
_____ % Fidelity® VIP Balanced
_____ % Fidelity® VIP Contrafund®
_____ % Fidelity® VIP Disciplined Small Cap
_____ % Fidelity® VIP Emerging Markets
_____ % Fidelity® VIP Growth & Income
_____ % Fidelity® VIP Growth Opportunities
_____ % Fidelity® VIP High Income
_____ % Fidelity® VIP Index 500
_____ % Fidelity® VIP Investment Grade Bond
_____ % Fidelity® VIP Mid Cap
_____ % Fidelity® VIP Overseas
_____ % Fidelity® VIP Real Estate
_____ % Fidelity® VIP Strategic Income
_____ % Franklin DynaTech VIP
_____ % Franklin Growth and Income VIP Fund
_____ % Franklin Income VIP Fund
_____ % Franklin Large Cap Growth VIP Fund
_____ % Franklin Mutual Global Discovery VIP Fund
_____ % Franklin Mutual Shares VIP Fund
_____ % Franklin Rising Dividends VIP Fund
_____ % Franklin Small Cap Value VIP Fund
_____ % Franklin Small-Mid Cap Growth VIP Fund
_____ % Franklin Strategic Income VIP Fund
_____ % Franklin U.S. Government Securities VIP Fund

3. Change Future / Current Investment Allocations (continued from page 2)

_____ % Goldman Sachs VIT International Equity Insights
_____ % Goldman Sachs VIT Large Cap Value
_____ % Goldman Sachs VIT Mid Cap Growth
_____ % Goldman Sachs VIT Mid Cap Value
_____ % Goldman Sachs VIT Small Cap Equity Insights
_____ % Goldman Sachs VIT Strategic Growth
_____ % Guggenheim VIF All Cap Value
_____ % Guggenheim VIF Floating Rate Strategies
_____ % Guggenheim VIF Global Managed Futures Strategy
_____ % Guggenheim VIF High Yield
_____ % Guggenheim VIF Large Cap Value
_____ % Guggenheim VIF Long Short Equity
_____ % Guggenheim VIF Managed Asset Allocation
_____ % Guggenheim VIF Multi-Hedge Strategies
_____ % Guggenheim VIF Small Cap Value
_____ % Guggenheim VIF SMid Cap Value
_____ % Guggenheim VIF StylePlus Large Core
_____ % Guggenheim VIF StylePlus Large Growth
_____ % Guggenheim VIF StylePlus Mid Growth
_____ % Guggenheim VIF StylePlus Small Growth
_____ % Guggenheim VIF Total Return Bond
_____ % Guggenheim VIF World Equity Income
_____ % Invesco Oppenheimer V.I. International Growth Fund
_____ % Invesco V.I. American Franchise
_____ % Invesco V.I. American Value
_____ % Invesco V.I. Balanced-Risk Allocation
_____ % Invesco V.I. Comstock
_____ % Invesco V.I. Core Equity
_____ % Invesco V.I. Discovery Mid Cap Growth
_____ % Invesco V.I. Equally-Weighted S&P 500
_____ % Invesco V.I. Equity and Income
_____ % Invesco V.I. EQV International Equity
_____ % Invesco V.I. Global
_____ % Invesco V.I. Global Core Equity
_____ % Invesco V.I. Global Real Estate
_____ % Invesco V.I. Global Strategic Income
_____ % Invesco V.I. Government Securities
_____ % Invesco V.I. Growth and Income
_____ % Invesco V.I. Health Care
_____ % Invesco V.I. High Yield
_____ % Invesco V.I. Main Street Mid Cap Fund®
_____ % Invesco V.I. Main Street Small Cap Fund®
_____ % Invesco V.I. Small Cap Equity
_____ % Janus Henderson VIT Enterprise
_____ % Janus Henderson VIT Forty
_____ % Janus Henderson VIT Mid Cap Value
_____ % Janus Henderson VIT Overseas
_____ % Janus Henderson VIT Research
_____ % Lord Abbett Series Bond-Debenture VC
_____ % Lord Abbett Series Developing Growth VC [1]
_____ % Lord Abbett Series Dividend Growth VC
_____ % Lord Abbett Series Fundamental Equity VC
_____ % Lord Abbett Series Growth and Income VC
_____ % Lord Abbett Series Growth Opportunities VC
_____ % Lord Abbett Series Mid Cap Stock VC
_____ % Lord Abbett Series Total Return VC
_____ % LVIP JPMorgan Core Bond
_____ % LVIP JPMorgan Small Cap Core
_____ % LVIP JPMorgan U.S. Equity
_____ % MFS® VIT Emerging Markets Equity
_____ % MFS® VIT Global Tactical Allocation
_____ % MFS® VIT High Yield
_____ % MFS® VIT II MA Investors Growth Stock
_____ % MFS® VIT II Research International
_____ % MFS® VIT International Intrinsic Value
_____ % MFS® VIT Investors Trust
_____ % MFS® VIT New Discovery
_____ % MFS® VIT Research
_____ % MFS® VIT Total Return
_____ % MFS® VIT Total Return Bond
_____ % MFS® VIT Utilities
_____ % Morgan Stanley VIF Emerging Markets Debt
_____ % Morgan Stanley VIF Emerging Markets Equity
_____ % Morningstar Aggressive Growth ETF Asset Allocation Portfolio
_____ % Morningstar Balanced ETF Asset Allocation Portfolio
_____ % Morningstar Conservative ETF Asset Allocation Portfolio
_____ % Morningstar Growth ETF Asset Allocation Portfolio
_____ % Morningstar Income and Growth ETF Asset Allocation Portfolio
_____ % Neuberger Berman AMT Sustainable Equity
_____ % PIMCO VIT All Asset
_____ % PIMCO VIT CommodityRealReturn Strategy
_____ % PIMCO VIT Emerging Markets Bond
_____ % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)
_____ % PIMCO VIT Global Managed Asset Allocation
_____ % PIMCO VIT High Yield
_____ % PIMCO VIT International Bond Portfolio (Unhedged)
_____ % PIMCO VIT Low Duration
_____ % PIMCO VIT Real Return
_____ % PIMCO VIT Short-Term
_____ % PIMCO VIT Total Return
_____ % Pioneer Bond VCT
_____ % Pioneer Equity Income VCT
_____ % Pioneer High Yield VCT
_____ % Pioneer Strategic Income VCT
_____ % Putnam VT Core Equity
_____ % Putnam VT Diversified Income
_____ % Putnam VT Global Asset Allocation
_____ % Putnam VT High Yield
_____ % Putnam VT Income
_____ % Putnam VT Large Cap Growth
_____ % Putnam VT Large Cap Value
_____ % Putnam VT Small Cap Growth
_____ % Redwood Managed Volatility
_____ % Rydex VIF Banking

Continued on Next Page ▶

3. Change Future / Current Investment Allocations (continued from page 3)

_____ % Rydex VIF Basic Materials
_____ % Rydex VIF Biotechnology
_____ % Rydex VIF Commodities Strategy
_____ % Rydex VIF Consumer Products
_____ % Rydex VIF Electronics
_____ % Rydex VIF Energy
_____ % Rydex VIF Energy Services
_____ % Rydex VIF Financial Services
_____ % Rydex VIF Health Care
_____ % Rydex VIF High Yield Strategy
_____ % Rydex VIF Internet
_____ % Rydex VIF Leisure
_____ % Rydex VIF NASDAQ-100®
_____ % Rydex VIF Precious Metals
_____ % Rydex VIF Real Estate
_____ % Rydex VIF Retailing
_____ % Rydex VIF S&P 500 Pure Growth
_____ % Rydex VIF S&P 500 Pure Value
_____ % Rydex VIF S&P MidCap 400 Pure Growth
_____ % Rydex VIF S&P MidCap 400 Pure Value
_____ % Rydex VIF S&P SmallCap 600 Pure Growth
_____ % Rydex VIF S&P SmallCap 600 Pure Value
_____ % Rydex VIF Technology
_____ % Rydex VIF Telecommunications
_____ % Rydex VIF Transportation
_____ % Rydex VIF U.S. Government Money Market
_____ % Rydex VIF Utilities
_____ % T. Rowe Price Blue Chip Growth
_____ % T. Rowe Price Equity Income
_____ % T. Rowe Price Health Sciences
_____ % T. Rowe Price Limited-Term Bond
_____ % Templeton Developing Markets VIP Fund
_____ % Templeton Foreign VIP Fund
_____ % Templeton Global Bond VIP Fund
_____ % Templeton Growth VIP Fund
_____ % Third Avenue Value
_____ % TOPS® Aggressive Growth ETF
_____ % TOPS® Balanced ETF
_____ % TOPS® Conservative ETF
_____ % TOPS® Growth ETF
_____ % TOPS® Managed Risk Balanced ETF
_____ % TOPS® Managed Risk Growth ETF
_____ % TOPS® Managed Risk Moderate Growth ETF
_____ % TOPS® Moderate Growth ETF
_____ % VanEck VIP Global Gold
_____ % VanEck VIP Global Resources
_____ % Vanguard® VIF Balanced
_____ % Vanguard® VIF Capital Growth
_____ % Vanguard® VIF Conservative Allocation
_____ % Vanguard® VIF Diversified Value
_____ % Vanguard® VIF Equity Income
_____ % Vanguard® VIF Equity Index
_____ % Vanguard® VIF Global Bond Index
_____ % Vanguard® VIF Growth
_____ % Vanguard® VIF High Yield Bond
_____ % Vanguard® VIF International
_____ % Vanguard® VIF Mid-Cap Index
_____ % Vanguard® VIF Moderate Allocation
_____ % Vanguard® VIF Real Estate Index
_____ % Vanguard® VIF Short Term Investment Grade
_____ % Vanguard® VIF Small Company Growth [1]
_____ % Vanguard® VIF Total Bond Market Index
_____ % Vanguard® VIF Total International Stock Market Index
_____ % Vanguard® VIF Total Stock Market Index
_____ % Virtus Duff & Phelps Real Estate Securities Series
_____ % Virtus KAR Small-Cap Growth Series
_____ % Virtus Newfleet Multi-Sector Intermediate Bond Series
_____ % Virtus SGA International Growth Series
_____ % Virtus Strategic Allocation Series
_____ % Voya MidCap Opportunities Portfolio
_____ % VY CBRE Global Real Estate Portfolio
_____ % VY CBRE Real Estate Portfolio
_____ % Western Asset Variable Global High Yield Bond

Must Total 100%

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4. Exchange of Investment Value (continued on page 6)

Complete this section if you wish to exchange funds within your investment. Please select one option:

○ Transfer Dollars (the 'From' and 'To' amounts must equal)

○ Transfer Percentages (indicate whole percentages and the 'To' column must total 100%)

Transfer From:

_____ AB Discovery Value
_____ AB Relative Value
_____ AB Sustainable Global Thematic
_____ AB VPS Dynamic Asset Allocation
_____ AFIS Capital World Growth and Income
_____ AFIS U.S. Government Securities
_____ AFIS Washington Mutual Investors
_____ Alger Capital Appreciation
_____ Alger Large Cap Growth
_____ Allspring International Equity VT
_____ Allspring Opportunity V
_____ Allspring VT Discovery All Cap Growth
_____ ALPS/Alerian Energy Infrastructure
_____ American Century VP Disciplined Core Value
_____ American Century VP Inflation Protection
_____ American Century VP International
_____ American Century VP Mid Cap Value
_____ American Century VP Value
_____ American Funds IS® Asset Allocation
_____ American Funds IS® Capital World Bond
_____ American Funds IS® Global Growth
_____ American Funds IS® Global Small Capitalization
_____ American Funds IS® Growth
_____ American Funds IS® Growth-Income
_____ American Funds IS® International
_____ American Funds IS® International Growth and Income
_____ American Funds IS® Mortgage
_____ American Funds IS® New World
_____ BlackRock Advantage Large Cap Core V.I.
_____ BlackRock Basic Value V.I.
_____ BlackRock Capital Appreciation V.I.
_____ BlackRock Equity Dividend V.I.
_____ BlackRock Global Allocation V.I.
_____ BlackRock High Yield V.I.
_____ BlackRock Large Cap Focus Growth V.I.
_____ BNY Mellon IP Small Cap Stock Index
_____ BNY Mellon IP Technology Growth
_____ BNY Mellon Stock Index
_____ BNY Mellon VIF Appreciation
_____ Delaware Ivy VIP Asset Strategy
_____ Delaware Ivy VIP Balanced
_____ Delaware Ivy VIP Core Equity
_____ Delaware Ivy VIP Energy
_____ Delaware Ivy VIP Global Growth
_____ Delaware Ivy VIP Growth
_____ Delaware Ivy VIP High Income
_____ Delaware Ivy VIP International Core Equity
_____ Delaware Ivy VIP Limited-Term Bond
_____ Delaware Ivy VIP Mid Cap Growth
_____ Delaware Ivy VIP Natural Resources
_____ Delaware Ivy VIP Science and Technology
_____ Delaware Ivy VIP Small Cap Growth
_____ Delaware Ivy VIP Smid Cap Core
_____ Delaware Ivy VIP Value
_____ Delaware VIP Global Equity
_____ Delaware VIP Real Estate Securities
_____ Dimensional VA Equity Allocation
_____ Dimensional VA Global Bond Portfolio
_____ Dimensional VA Global Moderate Allocation
_____ Dimensional VA International Small Portfolio
_____ Dimensional VA International Value Portfolio
_____ Dimensional VA Short-Term Fixed Portfolio
_____ Dimensional VA U.S. Large Value Portfolio
_____ Dimensional VA U.S. Targeted Value Portfolio
_____ Donoghue Forlines Dividend VIT Fund
_____ Donoghue Forlines Momentum VIT Fund
_____ DWS Capital Growth VIP
_____ DWS Core Equity VIP
_____ DWS CROCI® U.S. VIP
_____ DWS Global Small Cap VIP
_____ DWS High Income VIP
_____ DWS International Growth VIP
_____ DWS Small Mid Cap Value VIP
_____ Eaton Vance VT Floating-Rate Income
_____ Federated Hermes for U.S. Government Securities II
_____ Federated Hermes High Income Bond II
_____ Fidelity® VIP Balanced
_____ Fidelity® VIP Contrafund®
_____ Fidelity® VIP Disciplined Small Cap
_____ Fidelity® VIP Emerging Markets
_____ Fidelity® VIP Growth & Income
_____ Fidelity® VIP Growth Opportunities
_____ Fidelity® VIP High Income
_____ Fidelity® VIP Index 500
_____ Fidelity® VIP Investment Grade Bond
_____ Fidelity® VIP Mid Cap
_____ Fidelity® VIP Overseas
_____ Fidelity® VIP Real Estate
_____ Fidelity® VIP Strategic Income
_____ Franklin DynaTech VIP
_____ Franklin Growth and Income VIP Fund
_____ Franklin Income VIP Fund

Continued on Next Page ▶

4. Exchange of Investment Value (continued from page 5)

Transfer From:

_____ Franklin Large Cap Growth VIP Fund
_____ Franklin Mutual Global Discovery VIP Fund
_____ Franklin Mutual Shares VIP Fund
_____ Franklin Rising Dividends VIP Fund
_____ Franklin Small Cap Value VIP Fund
_____ Franklin Small-Mid Cap Growth VIP Fund
_____ Franklin Strategic Income VIP Fund
_____ Franklin U.S. Government Securities VIP Fund
_____ Goldman Sachs VIT International Equity Insights
_____ Goldman Sachs VIT Large Cap Value
_____ Goldman Sachs VIT Mid Cap Growth
_____ Goldman Sachs VIT Mid Cap Value
_____ Goldman Sachs VIT Small Cap Equity Insights
_____ Goldman Sachs VIT Strategic Growth
_____ Guggenheim VIF All Cap Value
_____ Guggenheim VIF Floating Rate Strategies
_____ Guggenheim VIF Global Managed Futures Strategy
_____ Guggenheim VIF High Yield
_____ Guggenheim VIF Large Cap Value
_____ Guggenheim VIF Long Short Equity
_____ Guggenheim VIF Managed Asset Allocation
_____ Guggenheim VIF Multi-Hedge Strategies
_____ Guggenheim VIF Small Cap Value
_____ Guggenheim VIF SMid Cap Value
_____ Guggenheim VIF StylePlus Large Core
_____ Guggenheim VIF StylePlus Large Growth
_____ Guggenheim VIF StylePlus Mid Growth
_____ Guggenheim VIF StylePlus Small Growth
_____ Guggenheim VIF Total Return Bond
_____ Guggenheim VIF World Equity Income
_____ Invesco Oppenheimer V.I. International Growth Fund
_____ Invesco V.I. American Franchise
_____ Invesco V.I. American Value
_____ Invesco V.I. Balanced-Risk Allocation
_____ Invesco V.I. Comstock
_____ Invesco V.I. Core Equity
_____ Invesco V.I. Discovery Mid Cap Growth
_____ Invesco V.I. Equally-Weighted S&P 500
_____ Invesco V.I. Equity and Income
_____ Invesco V.I. EQV International Equity
_____ Invesco V.I. Global
_____ Invesco V.I. Global Core Equity
_____ Invesco V.I. Global Real Estate
_____ Invesco V.I. Global Strategic Income
_____ Invesco V.I. Government Securities
_____ Invesco V.I. Growth and Income
_____ Invesco V.I. Health Care
_____ Invesco V.I. High Yield
_____ Invesco V.I. Main Street Mid Cap Fund®
_____ Invesco V.I. Main Street Small Cap Fund®
_____ Invesco V.I. Small Cap Equity
_____ Janus Henderson VIT Enterprise
_____ Janus Henderson VIT Forty
_____ Janus Henderson VIT Mid Cap Value
_____ Janus Henderson VIT Overseas
_____ Janus Henderson VIT Research
_____ Lord Abbett Series Bond-Debenture VC
_____ Lord Abbett Series Developing Growth VC
_____ Lord Abbett Series Dividend Growth VC
_____ Lord Abbett Series Fundamental Equity VC
_____ Lord Abbett Series Growth and Income VC
_____ Lord Abbett Series Growth Opportunities VC
_____ Lord Abbett Series Mid Cap Stock VC
_____ Lord Abbett Series Total Return VC
_____ LVIP JPMorgan Core Bond
_____ LVIP JPMorgan Small Cap Core
_____ LVIP JPMorgan U.S. Equity
_____ MFS® VIT Emerging Markets Equity
_____ MFS® VIT Global Tactical Allocation
_____ MFS® VIT High Yield
_____ MFS® VIT II MA Investors Growth Stock
_____ MFS® VIT II Research International
_____ MFS® VIT International Intrinsic Value
_____ MFS® VIT Investors Trust
_____ MFS® VIT New Discovery
_____ MFS® VIT Research
_____ MFS® VIT Total Return
_____ MFS® VIT Total Return Bond
_____ MFS® VIT Utilities
_____ Morgan Stanley VIF Emerging Markets Debt
_____ Morgan Stanley VIF Emerging Markets Equity
_____ Morningstar Aggressive Growth ETF Asset Allocation Portfolio
_____ Morningstar Balanced ETF Asset Allocation Portfolio
_____ Morningstar Conservative ETF Asset Allocation Portfolio
_____ Morningstar Growth ETF Asset Allocation Portfolio
_____ Morningstar Income and Growth ETF Asset Allocation Portfolio
_____ Neuberger Berman AMT Sustainable Equity
_____ PIMCO VIT All Asset
_____ PIMCO VIT CommodityRealReturn Strategy
_____ PIMCO VIT Emerging Markets Bond
_____ PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)
_____ PIMCO VIT Global Managed Asset Allocation
_____ PIMCO VIT High Yield
_____ PIMCO VIT International Bond Portfolio (Unhedged)
_____ PIMCO VIT Low Duration
_____ PIMCO VIT Real Return
_____ PIMCO VIT Short-Term
_____ PIMCO VIT Total Return
_____ Pioneer Bond VCT
_____ Pioneer Equity Income VCT
_____ Pioneer High Yield VCT
_____ Pioneer Strategic Income VCT
_____ Putnam VT Core Equity
_____ Putnam VT Diversified Income

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4. Exchange of Investment Value (continued from page 6)

Transfer From:

_____ Putnam VT Global Asset Allocation
_____ Putnam VT High Yield
_____ Putnam VT Income
_____ Putnam VT Large Cap Growth
_____ Putnam VT Large Cap Value
_____ Putnam VT Small Cap Growth
_____ Redwood Managed Volatility
_____ Rydex VIF Banking
_____ Rydex VIF Basic Materials
_____ Rydex VIF Biotechnology
_____ Rydex VIF Commodities Strategy
_____ Rydex VIF Consumer Products
_____ Rydex VIF Dow 2x Strategy
_____ Rydex VIF Electronics
_____ Rydex VIF Energy
_____ Rydex VIF Energy Services
_____ Rydex VIF Europe 1.25x Strategy
_____ Rydex VIF Financial Services
_____ Rydex VIF Government Long Bond 1.2x Strategy
_____ Rydex VIF Health Care
_____ Rydex VIF High Yield Strategy
_____ Rydex VIF Internet
_____ Rydex VIF Inverse Dow 2x Strategy
_____ Rydex VIF Inverse Government Long Bond Strategy
_____ Rydex VIF Inverse Mid-Cap Strategy
_____ Rydex VIF Inverse NASDAQ-100® Strategy
_____ Rydex VIF Inverse Russell 2000® Strategy
_____ Rydex VIF Inverse S&P 500 Strategy
_____ Rydex VIF Japan 2x Strategy
_____ Rydex VIF Leisure
_____ Rydex VIF Mid-Cap 1.5x Strategy
_____ Rydex VIF NASDAQ-100®
_____ Rydex VIF NASDAQ-100® 2x Strategy
_____ Rydex VIF Nova
_____ Rydex VIF Precious Metals
_____ Rydex VIF Real Estate
_____ Rydex VIF Retailing
_____ Rydex VIF Russell 2000® 1.5x Strategy
_____ Rydex VIF Russell 2000® 2x Strategy
_____ Rydex VIF S&P 500 2x Strategy
_____ Rydex VIF S&P 500 Pure Growth
_____ Rydex VIF S&P 500 Pure Value
_____ Rydex VIF S&P MidCap 400 Pure Growth
_____ Rydex VIF S&P MidCap 400 Pure Value
_____ Rydex VIF S&P SmallCap 600 Pure Growth
_____ Rydex VIF S&P SmallCap 600 Pure Value
_____ Rydex VIF Strengthening Dollar 2x Strategy
_____ Rydex VIF Technology
_____ Rydex VIF Telecommunications
_____ Rydex VIF Transportation
_____ Rydex VIF U.S. Government Money Market
_____ Rydex VIF Utilities
_____ Rydex VIF Weakening Dollar 2x Strategy
_____ T. Rowe Price Blue Chip Growth
_____ T. Rowe Price Equity Income
_____ T. Rowe Price Health Sciences
_____ T. Rowe Price Limited-Term Bond
_____ Templeton Developing Markets VIP Fund
_____ Templeton Foreign VIP Fund
_____ Templeton Global Bond VIP Fund
_____ Templeton Growth VIP Fund
_____ Third Avenue Value
_____ TOPS® Aggressive Growth ETF
_____ TOPS® Balanced ETF
_____ TOPS® Conservative ETF
_____ TOPS® Growth ETF
_____ TOPS® Managed Risk Balanced ETF
_____ TOPS® Managed Risk Growth ETF
_____ TOPS® Managed Risk Moderate Growth ETF
_____ TOPS® Moderate Growth ETF
_____ VanEck VIP Global Gold
_____ VanEck VIP Global Resources
_____ Vanguard® VIF Balanced
_____ Vanguard® VIF Capital Growth
_____ Vanguard® VIF Conservative Allocation
_____ Vanguard® VIF Diversified Value
_____ Vanguard® VIF Equity Income
_____ Vanguard® VIF Equity Index
_____ Vanguard® VIF Global Bond Index
_____ Vanguard® VIF Growth
_____ Vanguard® VIF High Yield Bond
_____ Vanguard® VIF International
_____ Vanguard® VIF Mid-Cap Index
_____ Vanguard® VIF Moderate Allocation
_____ Vanguard® VIF Real Estate Index
_____ Vanguard® VIF Short Term Investment Grade
_____ Vanguard® VIF Small Company Growth
_____ Vanguard® VIF Total Bond Market Index
_____ Vanguard® VIF Total International Stock Market Index
_____ Vanguard® VIF Total Stock Market Index
_____ Virtus Duff & Phelps Real Estate Securities Series
_____ Virtus KAR Small-Cap Growth Series
_____ Virtus Newfleet Multi-Sector Intermediate Bond Series
_____ Virtus SGA International Growth Series
_____ Virtus Strategic Allocation Series
_____ Voya MidCap Opportunities Portfolio
_____ VY CBRE Global Real Estate Portfolio
_____ VY CBRE Real Estate Portfolio
_____ Western Asset Variable Global High Yield Bond

Must Total 100%

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5. Provide Investment Directions (continued on page 9)

Transfer To:

_____ AB Discovery Value
_____ AB Relative Value
_____ AB Sustainable Global Thematic
_____ AB VPS Dynamic Asset Allocation
_____ AFIS Capital World Growth and Income
_____ AFIS U.S. Government Securities
_____ AFIS Washington Mutual Investors
_____ Alger Capital Appreciation [1]
_____ Alger Large Cap Growth
_____ Allspring International Equity VT
_____ Allspring Opportunity VT
_____ Allspring VT Discovery All Cap Growth
_____ ALPS/Alerian Energy Infrastructure
_____ American Century VP Disciplined Core Value
_____ American Century VP Inflation Protection
_____ American Century VP International
_____ American Century VP Mid Cap Value [1]
_____ American Century VP Value
_____ American Funds IS® Asset Allocation
_____ American Funds IS® Capital World Bond
_____ American Funds IS® Global Growth
_____ American Funds IS® Global Small Capitalization
_____ American Funds IS® Growth
_____ American Funds IS® Growth-Income
_____ American Funds IS® International
_____ American Funds IS® International Growth and Income
_____ American Funds IS® Mortgage
_____ American Funds IS® New World
_____ BlackRock Advantage Large Cap Core V.I.
_____ BlackRock Basic Value V.I.
_____ BlackRock Capital Appreciation V.I.
_____ BlackRock Equity Dividend V.I.
_____ BlackRock Global Allocation V.I.
_____ BlackRock High Yield V.I.
_____ BlackRock Large Cap Focus Growth V.I.
_____ BNY Mellon IP Small Cap Stock Index
_____ BNY Mellon IP Technology Growth
_____ BNY Mellon Stock Index
_____ BNY Mellon VIF Appreciation
_____ Delaware Ivy VIP Asset Strategy
_____ Delaware Ivy VIP Balanced
_____ Delaware Ivy VIP Core Equity
_____ Delaware Ivy VIP Energy
_____ Delaware Ivy VIP Global Growth
_____ Delaware Ivy VIP Growth
_____ Delaware Ivy VIP High Income
_____ Delaware Ivy VIP International Core Equity
_____ Delaware Ivy VIP Limited-Term Bond
_____ Delaware Ivy VIP Mid Cap Growth
_____ Delaware Ivy VIP Natural Resources
_____ Delaware Ivy VIP Science and Technology
_____ Delaware Ivy VIP Small Cap Growth
_____ Delaware Ivy VIP Smid Cap Core
_____ Delaware Ivy VIP Value
_____ Delaware VIP Global Equity
_____ Delaware VIP Real Estate Securities
_____ Dimensional VA Equity Allocation
_____ Dimensional VA Global Bond Portfolio
_____ Dimensional VA Global Moderate Allocation
_____ Dimensional VA International Small Portfolio
_____ Dimensional VA International Value Portfolio
_____ Dimensional VA Short-Term Fixed Portfolio
_____ Dimensional VA U.S. Large Value Portfolio
_____ Dimensional VA U.S. Targeted Value Portfolio
_____ Donoghue Forlines Dividend VIT Fund
_____ Donoghue Forlines Momentum VIT Fund
_____ DWS Capital Growth VIP
_____ DWS Core Equity VIP
_____ DWS CROCI® U.S. VIP
_____ DWS Global Small Cap VIP
_____ DWS High Income VIP
_____ DWS International Growth VIP
_____ DWS Small Mid Cap Value VIP
_____ Eaton Vance VT Floating-Rate Income
_____ Federated Hermes for U.S. Government Securities II
_____ Federated Hermes High Income Bond II
_____ Fidelity® VIP Balanced
_____ Fidelity® VIP Contrafund®
_____ Fidelity® VIP Disciplined Small Cap
_____ Fidelity® VIP Emerging Markets
_____ Fidelity® VIP Growth & Income
_____ Fidelity® VIP Growth Opportunities
_____ Fidelity® VIP High Income
_____ Fidelity® VIP Index 500
_____ Fidelity® VIP Investment Grade Bond
_____ Fidelity® VIP Mid Cap
_____ Fidelity® VIP Overseas
_____ Fidelity® VIP Real Estate
_____ Fidelity® VIP Strategic Income
_____ Franklin DynaTech VIP
_____ Franklin Growth and Income VIP Fund
_____ Franklin Income VIP Fund
_____ Franklin Large Cap Growth VIP Fund
_____ Franklin Mutual Global Discovery VIP Fund
_____ Franklin Mutual Shares VIP Fund
_____ Franklin Rising Dividends VIP Fund
_____ Franklin Small Cap Value VIP Fund
_____ Franklin Small-Mid Cap Growth VIP Fund
_____ Franklin Strategic Income VIP Fund
_____ Franklin U.S. Government Securities VIP Fund
_____ Goldman Sachs VIT International Equity Insights
_____ Goldman Sachs VIT Large Cap Value
_____ Goldman Sachs VIT Mid Cap Growth

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5. Provide Investment Directions (continued from page 8)

Transfer To:

_____ Goldman Sachs VIT Mid Cap Value
_____ Goldman Sachs VIT Small Cap Equity Insights
_____ Goldman Sachs VIT Strategic Growth
_____ Guggenheim VIF All Cap Value
_____ Guggenheim VIF Floating Rate Strategies
_____ Guggenheim VIF Global Managed Futures Strategy
_____ Guggenheim VIF High Yield
_____ Guggenheim VIF Large Cap Value
_____ Guggenheim VIF Long Short Equity
_____ Guggenheim VIF Managed Asset Allocation
_____ Guggenheim VIF Multi-Hedge Strategies
_____ Guggenheim VIF Small Cap Value
_____ Guggenheim VIF SMid Cap Value
_____ Guggenheim VIF StylePlus Large Core
_____ Guggenheim VIF StylePlus Large Growth
_____ Guggenheim VIF StylePlus Mid Growth
_____ Guggenheim VIF StylePlus Small Growth
_____ Guggenheim VIF Total Return Bond
_____ Guggenheim VIF World Equity Income
_____ Invesco Oppenheimer V.I. International Growth Fund
_____ Invesco V.I. American Franchise
_____ Invesco V.I. American Value
_____ Invesco V.I. Balanced-Risk Allocation
_____ Invesco V.I. Comstock
_____ Invesco V.I. Core Equity
_____ Invesco V.I. Discovery Mid Cap Growth
_____ Invesco V.I. Equally-Weighted S&P 500
_____ Invesco V.I. Equity and Income
_____ Invesco V.I. EQV International Equity
_____ Invesco V.I. Global
_____ Invesco V.I. Global Core Equity
_____ Invesco V.I. Global Real Estate
_____ Invesco V.I. Global Strategic Income
_____ Invesco V.I. Government Securities
_____ Invesco V.I. Growth and Income
_____ Invesco V.I. Health Care
_____ Invesco V.I. High Yield
_____ Invesco V.I. Main Street Mid Cap Fund®
_____ Invesco V.I. Main Street Small Cap Fund®
_____ Invesco V.I. Small Cap Equity
_____ Janus Henderson VIT Enterprise
_____ Janus Henderson VIT Forty
_____ Janus Henderson VIT Mid Cap Value
_____ Janus Henderson VIT Overseas
_____ Janus Henderson VIT Research
_____ Lord Abbett Series Bond-Debenture VC
_____ Lord Abbett Series Developing Growth VC [1]
_____ Lord Abbett Series Dividend Growth VC
_____ Lord Abbett Series Fundamental Equity VC
_____ Lord Abbett Series Growth and Income VC
_____ Lord Abbett Series Growth Opportunities VC
_____ Lord Abbett Series Mid Cap Stock VC
_____ Lord Abbett Series Total Return VC
_____ LVIP JPMorgan Core Bond
_____ LVIP JPMorgan Small Cap Core
_____ LVIP JPMorgan U.S. Equity
_____ MFS® VIT Emerging Markets Equity
_____ MFS® VIT Global Tactical Allocation
_____ MFS® VIT High Yield
_____ MFS® VIT II MA Investors Growth Stock
_____ MFS® VIT II Research International
_____ MFS® VIT International Intrinsic Value
_____ MFS® VIT Investors Trust
_____ MFS® VIT New Discovery
_____ MFS® VIT Research
_____ MFS® VIT Total Return
_____ MFS® VIT Total Return Bond
_____ MFS® VIT Utilities
_____ Morgan Stanley VIF Emerging Markets Debt
_____ Morgan Stanley VIF Emerging Markets Equity
_____ Morningstar Aggressive Growth ETF Asset Allocation Portfolio
_____ Morningstar Balanced ETF Asset Allocation Portfolio
_____ Morningstar Conservative ETF Asset Allocation Portfolio
_____ Morningstar Growth ETF Asset Allocation Portfolio
_____ Morningstar Income and Growth ETF Asset Allocation Portfolio
_____ Neuberger Berman AMT Sustainable Equity
_____ PIMCO VIT All Asset
_____ PIMCO VIT CommodityRealReturn Strategy
_____ PIMCO VIT Emerging Markets Bond
_____ PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)
_____ PIMCO VIT Global Managed Asset Allocation
_____ PIMCO VIT High Yield
_____ PIMCO VIT International Bond Portfolio (Unhedged)
_____ PIMCO VIT Low Duration
_____ PIMCO VIT Real Return
_____ PIMCO VIT Short-Term
_____ PIMCO VIT Total Return
_____ Pioneer Bond VCT
_____ Pioneer Equity Income VCT
_____ Pioneer High Yield VCT
_____ Pioneer Strategic Income VCT
_____ Putnam VT Core Equity
_____ Putnam VT Diversified Income
_____ Putnam VT Global Asset Allocation
_____ Putnam VT High Yield
_____ Putnam VT Income
_____ Putnam VT Large Cap Growth
_____ Putnam VT Large Cap Value
_____ Putnam VT Small Cap Growth

Continued on Next Page ▶

5. Provide Investment Directions (continued from page 9)

Transfer To:

_____ Redwood Managed Volatility
_____ Rydex VIF Banking
_____ Rydex VIF Basic Materials
_____ Rydex VIF Biotechnology
_____ Rydex VIF Commodities Strategy
_____ Rydex VIF Consumer Products
_____ Rydex VIF Electronics
_____ Rydex VIF Energy
_____ Rydex VIF Energy Services
_____ Rydex VIF Financial Services
_____ Rydex VIF Health Care
_____ Rydex VIF High Yield Strategy
_____ Rydex VIF Internet
_____ Rydex VIF Leisure
_____ Rydex VIF NASDAQ-100®
_____ Rydex VIF Precious Metals
_____ Rydex VIF Real Estate
_____ Rydex VIF Retailing
_____ Rydex VIF S&P 500 Pure Growth
_____ Rydex VIF S&P 500 Pure Value
_____ Rydex VIF S&P MidCap 400 Pure Growth
_____ Rydex VIF S&P MidCap 400 Pure Value
_____ Rydex VIF S&P SmallCap 600 Pure Growth
_____ Rydex VIF S&P SmallCap 600 Pure Value
_____ Rydex VIF Technology
_____ Rydex VIF Telecommunications
_____ Rydex VIF Transportation
_____ Rydex VIF U.S. Government Money Market
_____ Rydex VIF Utilities
_____ T. Rowe Price Blue Chip Growth
_____ T. Rowe Price Equity Income
_____ T. Rowe Price Health Sciences
_____ T. Rowe Price Limited-Term Bond
_____ Templeton Developing Markets VIP Fund
_____ Templeton Foreign VIP Fund
_____ Templeton Global Bond VIP Fund
_____ Templeton Growth VIP Fund
_____ Third Avenue Value
_____ TOPS® Aggressive Growth ETF
_____ TOPS® Balanced ETF
_____ TOPS® Conservative ETF
_____ TOPS® Growth ETF
_____ TOPS® Managed Risk Balanced ETF
_____ TOPS® Managed Risk Growth ETF
_____ TOPS® Managed Risk Moderate Growth ETF
_____ TOPS® Moderate Growth ETF
_____ VanEck VIP Global Gold
_____ VanEck VIP Global Resources
_____ Vanguard® VIF Balanced
_____ Vanguard® VIF Capital Growth
_____ Vanguard® VIF Conservative Allocation
_____ Vanguard® VIF Diversified Value
_____ Vanguard® VIF Equity Income
_____ Vanguard® VIF Equity Index
_____ Vanguard® VIF Global Bond Index
_____ Vanguard® VIF Growth
_____ Vanguard® VIF High Yield Bond
_____ Vanguard® VIF International
_____ Vanguard® VIF Mid-Cap Index
_____ Vanguard® VIF Moderate Allocation
_____ Vanguard® VIF Real Estate Index
_____ Vanguard® VIF Short Term Investment Grade
_____ Vanguard® VIF Small Company Growth [1]
_____ Vanguard® VIF Total Bond Market Index
_____ Vanguard® VIF Total International Stock Market Index
_____ Vanguard® VIF Total Stock Market Index
_____ Virtus Duff & Phelps Real Estate Securities Series
_____ Virtus KAR Small-Cap Growth Series
_____ Virtus Newfleet Multi-Sector Intermediate Bond Series
_____ Virtus SGA International Growth Series
_____ Virtus Strategic Allocation Series
_____ Voya MidCap Opportunities Portfolio
_____ VY CBRE Global Real Estate Portfolio
_____ VY CBRE Real Estate Portfolio
_____ Western Asset Variable Global High Yield Bond

Must Total 100%

[1] New purchases into this subaccount are limited to contract holders who had an investment in the subaccount as of the date it was closed and who maintain such investment.

Continued on Next Page ▶

6. Provide Signature

I understand and authorize the transaction requested on this form.

X _____ _____ _____

Signature of Owner | Date (mm/dd/yyyy) | (You must include your designation if signing as a trustee, executor, custodian, guardian, or attorney-in-fact.)

X _____ _____ _____

Signature of Joint Owner (if applicable) | Date (mm/dd/yyyy) | (You must include your designation if signing as a trustee, executor, custodian, guardian, or attorney-in-fact.)

X _____ _____ _____

Signature of Financial Professional (optional) | Date (mm/dd/yyyy) | Print Name of Financial Professional

Mail to:

First Security Benefit Life Insurance and Annuity Company of New York | Administrative Office

P.O. Box 750497 | Topeka, Kansas 66675-0497

Fax to: 785.368.1772

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