

Questions? Call our Service Center at 1-800-888-2461.

Instructions

Use this form to request periodic exchanges from one investment option to one or more investment options. Complete the entire form. Please type or print.

1. Provide General Information

Application Attached or Contract Number _____

Name of Owner _____
First MI Last

Mailing Address _____
Street Address City State Zip Code

Social Security Number/Tax I.D. Number _____

Daytime Phone Number _____ **Home Phone Number** _____

2. Set Up Dollar Cost Averaging

Please complete each sub-section.

A. **Effective Date** _____
Date (mm/dd/yyyy - must be between 1st and 28th of the month)

If no date is indicated, or date indicated is prior to the date of receipt, the first transfer will occur on the date the request is received in proper form.

B. **Frequency (check one):**

Monthly Quarterly Semi-Annually Annually

C. **Option (check one):**

- \$ _____ per transfer over _____ months/years.
- % _____ per transfer over _____ months/years.
- Fixed Period over _____ months/years.
- Only Interest/Earnings over _____ months/years.

(Earnings will accrue for one time period – i.e. monthly or quarterly – from the effective date before the first transfer occurs.)

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3. Provide Investment Directions (Continued on page 3)

Transfer From (choose only one):

- % AB Discovery Value
- % AB Relative Value
- % AB Sustainable Global Thematic
- % AB VPS Dynamic Asset Allocation
- % AFIS Capital World Growth and Income
- % AFIS U.S. Government Securities
- % AFIS Washington Mutual Investors
- % Alger Capital Appreciation
- % Alger Large Cap Growth
- % Allspring Opportunity VT
- % Allspring VT Discovery All Cap Growth
- % ALPS/Alerian Energy Infrastructure
- % American Funds IS[®] Asset Allocation
- % American Funds IS[®] Capital World Bond
- % American Funds IS[®] EUPAC Fund[™]
- % American Funds IS[®] Global Growth
- % American Funds IS[®] Growth
- % American Funds IS[®] Growth-Income
- % American Funds IS[®] International Growth and Income
- % American Funds IS[®] Mortgage
- % American Funds IS[®] New World
- % American Funds IS[®] SMALLCAP World Fund[®]
- % BlackRock Advantage Large Cap Core V.I.
- % BlackRock Basic Value V.I.
- % BlackRock Capital Appreciation V.I.
- % BlackRock Equity Dividend V.I.
- % BlackRock Global Allocation V.I.
- % BlackRock High Yield V.I.
- % BlackRock Large Cap Focus Growth V.I.
- % BNY Mellon IP Small Cap Stock Index
- % BNY Mellon IP Technology Growth
- % BNY Mellon Stock Index
- % BNY Mellon VIF Appreciation
- % Dimensional VA Equity Allocation
- % Dimensional VA Global Bond Portfolio
- % Dimensional VA Global Moderate Allocation
- % Dimensional VA International Small Portfolio
- % Dimensional VA International Value Portfolio
- % Dimensional VA Short-Term Fixed Portfolio
- % Dimensional VA U.S. Large Value Portfolio
- % Dimensional VA U.S. Targeted Value Portfolio
- % Donoghue Forlines Dividend VIT Fund
- % Donoghue Forlines Momentum VIT Fund
- % DWS Small Mid Cap Value VIP
- % Eaton Vance VT Floating-Rate Income
- % Federated Hermes for U.S. Government Securities II
- % Federated Hermes High Income Bond II
- % Fidelity[®] VIP Balanced
- % Fidelity[®] VIP Contrafund[®]
- % Fidelity[®] VIP Disciplined Small Cap
- % Fidelity[®] VIP Emerging Markets
- % Fidelity[®] VIP Growth & Income
- % Fidelity[®] VIP Growth Opportunities
- % Fidelity[®] VIP High Income
- % Fidelity[®] VIP Index 500
- % Fidelity[®] VIP Investment Grade Bond
- % Fidelity[®] VIP Mid Cap
- % Fidelity[®] VIP Overseas
- % Fidelity[®] VIP Real Estate
- % Fidelity[®] VIP Strategic Income
- % Franklin DynaTech VIP
- % Franklin Growth and Income VIP Fund
- % Franklin Income VIP Fund
- % Franklin Large Cap Growth VIP Fund
- % Franklin Mutual Global Discovery VIP Fund
- % Franklin Mutual Shares VIP Fund
- % Franklin Rising Dividends VIP Fund
- % Franklin Small Cap Value VIP Fund
- % Franklin Small-Mid Cap Growth VIP Fund
- % Franklin Strategic Income VIP Fund
- % Franklin U.S. Government Securities VIP Fund
- % Goldman Sachs VIT International Equity Insights
- % Goldman Sachs VIT Large Cap Value
- % Goldman Sachs VIT Mid Cap Growth
- % Goldman Sachs VIT Mid Cap Value
- % Goldman Sachs VIT Small Cap Equity Insights
- % Goldman Sachs VIT Strategic Growth
- % Guggenheim VIF Floating Rate Strategies
- % Guggenheim VIF Global Managed Futures Strategy
- % Guggenheim VIF High Yield
- % Guggenheim VIF Multi-Hedge Strategies
- % Guggenheim VIF Total Return Bond
- % Invesco V.I. American Franchise
- % Invesco V.I. American Value
- % Invesco V.I. Balanced-Risk Allocation
- % Invesco V.I. Comstock
- % Invesco V.I. Core Equity
- % Invesco V.I. Discovery Mid Cap Growth
- % Invesco V.I. Equally-Weighted S&P 500
- % Invesco V.I. Equity and Income
- % Invesco V.I. EQV International Equity
- % Invesco V.I. Global
- % Invesco V.I. Global Real Estate
- % Invesco V.I. Global Strategic Income
- % Invesco V.I. Government Securities
- % Invesco V.I. Growth and Income
- % Invesco V.I. Health Care
- % Invesco V.I. High Yield
- % Invesco V.I. International Growth Fund
- % Invesco V.I. Main Street Mid Cap Fund[®]
- % Invesco V.I. Main Street Small Cap Fund[®]
- % Invesco V.I. Small Cap Equity

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3. Provide Investment Directions (Continued from page 2)

Transfer From (choose only one):

- | | |
|---|---|
| <input type="checkbox"/> % Invesco® V.I. S&P 500 Buffer Fund – December | <input type="checkbox"/> % NAA SMid Cap Value Series |
| <input type="checkbox"/> % Invesco® V.I. S&P 500 Buffer Fund – June | <input type="checkbox"/> % NAA World Equity Income Series |
| <input type="checkbox"/> % Invesco® V.I. S&P 500 Buffer Fund – March | <input type="checkbox"/> % Neuberger Berman Quality Equity Portfolio |
| <input type="checkbox"/> % Invesco® V.I. S&P 500 Buffer Fund – September | <input type="checkbox"/> % Nomura VIP Asset Strategy |
| <input type="checkbox"/> % Janus Henderson VIT Enterprise | <input type="checkbox"/> % Nomura VIP Balanced |
| <input type="checkbox"/> % Janus Henderson VIT Forty | <input type="checkbox"/> % Nomura VIP Core Equity |
| <input type="checkbox"/> % Janus Henderson VIT Mid Cap Value | <input type="checkbox"/> % Nomura VIP Energy |
| <input type="checkbox"/> % Janus Henderson VIT Overseas | <input type="checkbox"/> % Nomura VIP Global Growth |
| <input type="checkbox"/> % Janus Henderson VIT Research | <input type="checkbox"/> % Nomura VIP Growth |
| <input type="checkbox"/> % Lord Abbett Series Bond-Debenture VC | <input type="checkbox"/> % Nomura VIP High Income |
| <input type="checkbox"/> % Lord Abbett Series Developing Growth VC | <input type="checkbox"/> % Nomura VIP International Core Equity |
| <input type="checkbox"/> % Lord Abbett Series Dividend Growth VC | <input type="checkbox"/> % Nomura VIP Limited-Term Bond |
| <input type="checkbox"/> % Lord Abbett Series Fundamental Equity VC | <input type="checkbox"/> % Nomura VIP Mid Cap Growth |
| <input type="checkbox"/> % Lord Abbett Series Growth and Income VC | <input type="checkbox"/> % Nomura VIP Natural Resources |
| <input type="checkbox"/> % Lord Abbett Series Growth Opportunities VC | <input type="checkbox"/> % Nomura VIP Science and Technology |
| <input type="checkbox"/> % Lord Abbett Series Mid Cap Stock VC | <input type="checkbox"/> % Nomura VIP Small Cap Growth |
| <input type="checkbox"/> % Lord Abbett Series Total Return VC | <input type="checkbox"/> % Nomura VIP Smid Cap Core |
| <input type="checkbox"/> % LVIP American Century Inflation Protection | <input type="checkbox"/> % Nomura VIP Value |
| <input type="checkbox"/> % LVIP American Century International | <input type="checkbox"/> % PIMCO VIT All Asset |
| <input type="checkbox"/> % LVIP American Century Mid Cap Value | <input type="checkbox"/> % PIMCO VIT CommodityRealReturn Strategy |
| <input type="checkbox"/> % LVIP American Century Value | <input type="checkbox"/> % PIMCO VIT Emerging Markets Bond |
| <input type="checkbox"/> % LVIP Avantis Large Cap Value | <input type="checkbox"/> % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged) |
| <input type="checkbox"/> % LVIP JPMorgan Core Bond | <input type="checkbox"/> % PIMCO VIT Global Managed Asset Allocation |
| <input type="checkbox"/> % LVIP JPMorgan Small Cap Core | <input type="checkbox"/> % PIMCO VIT High Yield |
| <input type="checkbox"/> % LVIP JPMorgan U.S. Equity | <input type="checkbox"/> % PIMCO VIT International Bond Portfolio (Unhedged) |
| <input type="checkbox"/> % MFS® VIT Emerging Markets Equity | <input type="checkbox"/> % PIMCO VIT Low Duration |
| <input type="checkbox"/> % MFS® VIT Global Tactical Allocation | <input type="checkbox"/> % PIMCO VIT Real Return |
| <input type="checkbox"/> % MFS® VIT High Yield | <input type="checkbox"/> % PIMCO VIT Short-Term |
| <input type="checkbox"/> % MFS® VIT II MA Investors Growth Stock | <input type="checkbox"/> % PIMCO VIT Total Return |
| <input type="checkbox"/> % MFS® VIT II Research International | <input type="checkbox"/> % Putnam VT Core Equity |
| <input type="checkbox"/> % MFS® VIT International Intrinsic Equity | <input type="checkbox"/> % Putnam VT Diversified Income |
| <input type="checkbox"/> % MFS® VIT Investors Trust | <input type="checkbox"/> % Putnam VT Global Asset Allocation |
| <input type="checkbox"/> % MFS® VIT New Discovery | <input type="checkbox"/> % Putnam VT High Yield |
| <input type="checkbox"/> % MFS® VIT Research | <input type="checkbox"/> % Putnam VT Income |
| <input type="checkbox"/> % MFS® VIT Total Return | <input type="checkbox"/> % Putnam VT Large Cap Value |
| <input type="checkbox"/> % MFS® VIT Total Return Bond | <input type="checkbox"/> % Putnam VT Large Cap Growth |
| <input type="checkbox"/> % MFS® VIT Utilities | <input type="checkbox"/> % Putnam VT Small Cap Growth |
| <input type="checkbox"/> % Morgan Stanley VIF Emerging Markets Debt | <input type="checkbox"/> % Redwood Managed Volatility |
| <input type="checkbox"/> % Morgan Stanley VIF Emerging Markets Equity | <input type="checkbox"/> % Rydex VIF Banking |
| <input type="checkbox"/> % Morningstar Aggressive Growth ETF Asset Allocation Portfolio | <input type="checkbox"/> % Rydex VIF Basic Materials |
| <input type="checkbox"/> % Morningstar Balanced ETF Asset Allocation Portfolio | <input type="checkbox"/> % Rydex VIF Biotechnology |
| <input type="checkbox"/> % Morningstar Conservative ETF Asset Allocation Portfolio | <input type="checkbox"/> % Rydex VIF Commodities Strategy |
| <input type="checkbox"/> % Morningstar Growth ETF Asset Allocation Portfolio | <input type="checkbox"/> % Rydex VIF Consumer Products |
| <input type="checkbox"/> % Morningstar Income and Growth ETF Asset Allocation Portfolio | <input type="checkbox"/> % Rydex VIF Dow 2x Strategy |
| <input type="checkbox"/> % NAA All Cap Value Series | <input type="checkbox"/> % Rydex VIF Electronics |
| <input type="checkbox"/> % NAA Large Cap Value Series | <input type="checkbox"/> % Rydex VIF Energy |
| <input type="checkbox"/> % NAA Large Core Series | <input type="checkbox"/> % Rydex VIF Energy Services |
| <input type="checkbox"/> % NAA Large Growth Series | <input type="checkbox"/> % Rydex VIF Europe 1.25x Strategy |
| <input type="checkbox"/> % NAA Mid Growth Series | <input type="checkbox"/> % Rydex VIF Financial Services |
| <input type="checkbox"/> % NAA Small Cap Value Series | <input type="checkbox"/> % Rydex VIF Government Long Bond 1.2x Strategy |
| <input type="checkbox"/> % NAA Small Growth Series | <input type="checkbox"/> % Rydex VIF Health Care |

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3. Provide Investment Directions (Continued from page 3)

Transfer From (choose only one):

- | | |
|---|---|
| _____ % Rydex VIF High Yield Strategy | _____ % TOPS® Aggressive ETF |
| _____ % Rydex VIF Internet | _____ % TOPS® Balanced ETF |
| _____ % Rydex VIF Inverse Dow 2x Strategy | _____ % TOPS® Conservative ETF |
| _____ % Rydex VIF Inverse Government Long Bond Strategy | _____ % TOPS® Managed Risk Balanced ETF |
| _____ % Rydex VIF Inverse Mid-Cap Strategy | _____ % TOPS® Managed Risk Moderate ETF |
| _____ % Rydex VIF Inverse NASDAQ-100® Strategy | _____ % TOPS® Managed Risk Moderately Aggressive ETF |
| _____ % Rydex VIF Inverse Russell 2000® Strategy | _____ % TOPS® Moderate ETF |
| _____ % Rydex VIF Inverse S&P 500 Strategy | _____ % TOPS® Moderately Aggressive ETF |
| _____ % Rydex VIF Japan 2x Strategy | _____ % VanEck VIP Global Gold |
| _____ % Rydex VIF Leisure | _____ % VanEck VIP Global Resources |
| _____ % Rydex VIF Mid-Cap 1.5x Strategy | _____ % Vanguard® VIF Balanced |
| _____ % Rydex VIF NASDAQ-100® | _____ % Vanguard® VIF Capital Growth |
| _____ % Rydex VIF NASDAQ-100® 2x Strategy | _____ % Vanguard® VIF Conservative Allocation |
| _____ % Rydex VIF Nova | _____ % Vanguard® VIF Diversified Value |
| _____ % Rydex VIF Precious Metals | _____ % Vanguard® VIF Equity Income |
| _____ % Rydex VIF Real Estate | _____ % Vanguard® VIF Equity Index |
| _____ % Rydex VIF Retailing | _____ % Vanguard® VIF Global Bond Index |
| _____ % Rydex VIF Russell 2000® 1.5x Strategy | _____ % Vanguard® VIF Growth |
| _____ % Rydex VIF Russell 2000® 2x Strategy | _____ % Vanguard® VIF High Yield Bond |
| _____ % Rydex VIF S&P 500 2x Strategy | _____ % Vanguard® VIF International |
| _____ % Rydex VIF S&P 500 Pure Growth | _____ % Vanguard® VIF Mid-Cap Index |
| _____ % Rydex VIF S&P 500 Pure Value | _____ % Vanguard® VIF Moderate Allocation |
| _____ % Rydex VIF S&P MidCap 400 Pure Growth | _____ % Vanguard® VIF Real Estate Index |
| _____ % Rydex VIF S&P MidCap 400 Pure Value | _____ % Vanguard® VIF Short Term Investment Grade |
| _____ % Rydex VIF S&P SmallCap 600 Pure Growth | _____ % Vanguard® VIF Small Company Growth |
| _____ % Rydex VIF S&P SmallCap 600 Pure Value | _____ % Vanguard® VIF Total Bond Market Index |
| _____ % Rydex VIF Strengthening Dollar 2x Strategy | _____ % Vanguard® VIF Total International Stock Market Index |
| _____ % Rydex VIF Technology | _____ % Vanguard® VIF Total Stock Market Index |
| _____ % Rydex VIF Telecommunications | _____ % Victory Pioneer Bond VCT |
| _____ % Rydex VIF Transportation | _____ % Victory Pioneer Equity Income VCT |
| _____ % Rydex VIF U.S. Government Money Market | _____ % Victory Pioneer High Yield VCT |
| _____ % Rydex VIF Utilities | _____ % Victory Pioneer Strategic Income VCT |
| _____ % Rydex VIF Weakening Dollar 2x Strategy | _____ % Virtus Duff & Phelps Real Estate Securities Series |
| _____ % T. Rowe Price Blue Chip Growth | _____ % Virtus KAR Small-Cap Growth Series |
| _____ % T. Rowe Price Equity Income | _____ % Virtus Newfleet Multi-Sector Intermediate Bond Series |
| _____ % T. Rowe Price Health Sciences | _____ % Virtus SGA International Growth Series |
| _____ % T. Rowe Price Limited-Term Bond | _____ % Virtus Tactical Allocation Series |
| _____ % Templeton Emerging Markets VIP Fund | _____ % Voya MidCap Opportunities Portfolio |
| _____ % Templeton Foreign VIP Fund | _____ % VY CBRE Global Real Estate Portfolio |
| _____ % Templeton Global Bond VIP Fund | _____ % VY® Columbia Real Estate Portfolio |
| _____ % Templeton Growth VIP Fund | _____ % Western Asset Variable Global High Yield Bond |
| _____ % Third Avenue Value | |

Must Total 100%

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3. Provide Investment Directions (Continued on page 6)

Transfer To (indicate whole percentages totaling 100%):

_____ % AB Discovery Value	_____ % Fidelity® VIP Growth Opportunities
_____ % AB Relative Value	_____ % Fidelity® VIP High Income
_____ % AB Sustainable Global Thematic	_____ % Fidelity® VIP Index 500
_____ % AB VPS Dynamic Asset Allocation	_____ % Fidelity® VIP Investment Grade Bond
_____ % AFIS Capital World Growth and Income	_____ % Fidelity® VIP Mid Cap
_____ % AFIS U.S. Government Securities	_____ % Fidelity® VIP Overseas
_____ % AFIS Washington Mutual Investors	_____ % Fidelity® VIP Real Estate
_____ % Alger Capital Appreciation	_____ % Fidelity® VIP Strategic Income
_____ % Alger Large Cap Growth	_____ % Franklin DynaTech VIP
_____ % Allspring Opportunity VT	_____ % Franklin Growth and Income VIP Fund
_____ % Allspring VT Discovery All Cap Growth	_____ % Franklin Income VIP Fund
_____ % ALPS/Alerian Energy Infrastructure	_____ % Franklin Large Cap Growth VIP Fund
_____ % American Funds IS® Asset Allocation	_____ % Franklin Mutual Global Discovery VIP Fund
_____ % American Funds IS® Capital World Bond	_____ % Franklin Mutual Shares VIP Fund
_____ % American Funds IS® EUPAC Fund™	_____ % Franklin Rising Dividends VIP Fund
_____ % American Funds IS® Global Growth	_____ % Franklin Small Cap Value VIP Fund
_____ % American Funds IS® Growth	_____ % Franklin Small-Mid Cap Growth VIP Fund
_____ % American Funds IS® Growth-Income	_____ % Franklin Strategic Income VIP Fund
_____ % American Funds IS® International Growth and Income	_____ % Franklin U.S. Government Securities VIP Fund
_____ % American Funds IS® Mortgage	_____ % Goldman Sachs VIT International Equity Insights
_____ % American Funds IS® New World	_____ % Goldman Sachs VIT Large Cap Value
_____ % American Funds IS® SMALLCAP World Fund®	_____ % Goldman Sachs VIT Mid Cap Growth
_____ % BlackRock Advantage Large Cap Core V.I.	_____ % Goldman Sachs VIT Mid Cap Value
_____ % BlackRock Basic Value V.I.	_____ % Goldman Sachs VIT Small Cap Equity Insights
_____ % BlackRock Capital Appreciation V.I.	_____ % Goldman Sachs VIT Strategic Growth
_____ % BlackRock Equity Dividend V.I.	_____ % Guggenheim VIF Floating Rate Strategies
_____ % BlackRock Global Allocation V.I.	_____ % Guggenheim VIF Global Managed Futures Strategy
_____ % BlackRock High Yield V.I.	_____ % Guggenheim VIF High Yield
_____ % BlackRock Large Cap Focus Growth V.I.	_____ % Guggenheim VIF Multi-Hedge Strategies
_____ % BNY Mellon IP Small Cap Stock Index	_____ % Guggenheim VIF Total Return Bond
_____ % BNY Mellon IP Technology Growth	_____ % Invesco V.I. American Franchise
_____ % BNY Mellon Stock Index	_____ % Invesco V.I. American Value
_____ % BNY Mellon VIF Appreciation	_____ % Invesco V.I. Balanced-Risk Allocation
_____ % Dimensional VA Equity Allocation	_____ % Invesco V.I. Comstock
_____ % Dimensional VA Global Bond Portfolio	_____ % Invesco V.I. Core Equity
_____ % Dimensional VA Global Moderate Allocation	_____ % Invesco V.I. Discovery Mid Cap Growth
_____ % Dimensional VA International Small Portfolio	_____ % Invesco V.I. Equally-Weighted S&P 500
_____ % Dimensional VA International Value Portfolio	_____ % Invesco V.I. Equity and Income
_____ % Dimensional VA Short-Term Fixed Portfolio	_____ % Invesco V.I. EQV International Equity
_____ % Dimensional VA U.S. Large Value Portfolio	_____ % Invesco V.I. Global
_____ % Dimensional VA U.S. Targeted Value Portfolio	_____ % Invesco V.I. Global Real Estate
_____ % Donoghue Forlines Dividend VIT Fund	_____ % Invesco V.I. Global Strategic Income
_____ % Donoghue Forlines Momentum VIT Fund	_____ % Invesco V.I. Government Securities
_____ % DWS Small Mid Cap Value VIP	_____ % Invesco V.I. Growth and Income
_____ % Eaton Vance VT Floating-Rate Income	_____ % Invesco V.I. Health Care
_____ % Federated Hermes for U.S. Government Securities II	_____ % Invesco V.I. High Yield
_____ % Federated Hermes High Income Bond II	_____ % Invesco V.I. International Growth Fund
_____ % Fidelity® VIP Balanced	_____ % Invesco V.I. Main Street Mid Cap Fund®
_____ % Fidelity® VIP Contrafund®	_____ % Invesco V.I. Main Street Small Cap Fund®
_____ % Fidelity® VIP Disciplined Small Cap	_____ % Invesco V.I. Small Cap Equity
_____ % Fidelity® VIP Emerging Markets	_____ % Invesco® V.I. S&P 500 Buffer Fund – December
_____ % Fidelity® VIP Growth & Income	_____ % Invesco® V.I. S&P 500 Buffer Fund – June

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3. Provide Investment Directions (Continued from page 5)

Transfer To (indicate whole percentages totaling 100%):

- | | |
|--|--|
| _____ % Invesco® V.I. S&P 500 Buffer Fund – March | _____ % Neuberger Berman Quality Equity Portfolio |
| _____ % Invesco® V.I. S&P 500 Buffer Fund – September | _____ % Nomura VIP Asset Strategy |
| _____ % Janus Henderson VIT Enterprise | _____ % Nomura VIP Balanced |
| _____ % Janus Henderson VIT Forty | _____ % Nomura VIP Core Equity |
| _____ % Janus Henderson VIT Mid Cap Value | _____ % Nomura VIP Energy |
| _____ % Janus Henderson VIT Overseas | _____ % Nomura VIP Global Growth |
| _____ % Janus Henderson VIT Research | _____ % Nomura VIP Growth |
| _____ % Lord Abbett Series Bond-Debenture VC | _____ % Nomura VIP High Income |
| _____ % Lord Abbett Series Developing Growth VC | _____ % Nomura VIP International Core Equity |
| _____ % Lord Abbett Series Dividend Growth VC | _____ % Nomura VIP Limited-Term Bond |
| _____ % Lord Abbett Series Fundamental Equity VC | _____ % Nomura VIP Mid Cap Growth |
| _____ % Lord Abbett Series Growth and Income VC | _____ % Nomura VIP Natural Resources |
| _____ % Lord Abbett Series Growth Opportunities VC | _____ % Nomura VIP Science and Technology |
| _____ % Lord Abbett Series Mid Cap Stock VC | _____ % Nomura VIP Small Cap Growth |
| _____ % Lord Abbett Series Total Return VC | _____ % Nomura VIP Smid Cap Core |
| _____ % LVIP American Century Inflation Protection | _____ % Nomura VIP Value |
| _____ % LVIP American Century International | _____ % PIMCO VIT All Asset |
| _____ % LVIP American Century Mid Cap Value | _____ % PIMCO VIT CommodityRealReturn Strategy |
| _____ % LVIP American Century Value | _____ % PIMCO VIT Emerging Markets Bond |
| _____ % LVIP Avantis Large Cap Value | _____ % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged) |
| _____ % LVIP JPMorgan Core Bond | _____ % PIMCO VIT Global Managed Asset Allocation |
| _____ % LVIP JPMorgan Small Cap Core | _____ % PIMCO VIT High Yield |
| _____ % LVIP JPMorgan U.S. Equity | _____ % PIMCO VIT International Bond Portfolio (Unhedged) |
| _____ % MFS® VIT Emerging Markets Equity | _____ % PIMCO VIT Low Duration |
| _____ % MFS® VIT Global Tactical Allocation | _____ % PIMCO VIT Real Return |
| _____ % MFS® VIT High Yield | _____ % PIMCO VIT Short-Term |
| _____ % MFS® VIT II MA Investors Growth Stock | _____ % PIMCO VIT Total Return |
| _____ % MFS® VIT II Research International | _____ % Putnam VT Core Equity |
| _____ % MFS® VIT International Intrinsic Equity | _____ % Putnam VT Diversified Income |
| _____ % MFS® VIT Investors Trust | _____ % Putnam VT Global Asset Allocation |
| _____ % MFS® VIT New Discovery | _____ % Putnam VT High Yield |
| _____ % MFS® VIT Research | _____ % Putnam VT Income |
| _____ % MFS® VIT Total Return | _____ % Putnam VT Large Cap Value |
| _____ % MFS® VIT Total Return Bond | _____ % Putnam VT Large Cap Growth |
| _____ % MFS® VIT Utilities | _____ % Putnam VT Small Cap Growth |
| _____ % Morgan Stanley VIF Emerging Markets Debt | _____ % Redwood Managed Volatility |
| _____ % Morgan Stanley VIF Emerging Markets Equity | _____ % Rydex VIF Banking |
| _____ % Morningstar Aggressive Growth ETF Asset Allocation Portfolio | _____ % Rydex VIF Basic Materials |
| _____ % Morningstar Balanced ETF Asset Allocation Portfolio | _____ % Rydex VIF Biotechnology |
| _____ % Morningstar Conservative ETF Asset Allocation Portfolio | _____ % Rydex VIF Commodities Strategy |
| _____ % Morningstar Growth ETF Asset Allocation Portfolio | _____ % Rydex VIF Consumer Products |
| _____ % Morningstar Income and Growth ETF Asset Allocation Portfolio | _____ % Rydex VIF Dow 2x Strategy |
| _____ % NAA All Cap Value Series | _____ % Rydex VIF Electronics |
| _____ % NAA Large Cap Value Series | _____ % Rydex VIF Energy |
| _____ % NAA Large Core Series | _____ % Rydex VIF Energy Services |
| _____ % NAA Large Growth Series | _____ % Rydex VIF Europe 1.25x Strategy |
| _____ % NAA Mid Growth Series | _____ % Rydex VIF Financial Services |
| _____ % NAA Small Cap Value Series | _____ % Rydex VIF Government Long Bond 1.2x Strategy |
| _____ % NAA Small Growth Series | _____ % Rydex VIF Health Care |
| _____ % NAA SMid Cap Value Series | _____ % Rydex VIF High Yield Strategy |
| _____ % NAA World Equity Income Series | _____ % Rydex VIF Internet |

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3. Provide Investment Directions (Continued from page 6)

Transfer To (indicate whole percentages totaling 100%):

- | | |
|---|---|
| _____ % Rydex VIF Inverse Dow 2x Strategy | _____ % TOPS® Balanced ETF |
| _____ % Rydex VIF Inverse Government Long Bond Strategy | _____ % TOPS® Conservative ETF |
| _____ % Rydex VIF Inverse Mid-Cap Strategy | _____ % TOPS® Managed Risk Balanced ETF |
| _____ % Rydex VIF Inverse NASDAQ-100® Strategy | _____ % TOPS® Managed Risk Moderate ETF |
| _____ % Rydex VIF Inverse Russell 2000® Strategy | _____ % TOPS® Managed Risk Moderately Aggressive ETF |
| _____ % Rydex VIF Inverse S&P 500 Strategy | _____ % TOPS® Moderate ETF |
| _____ % Rydex VIF Japan 2x Strategy | _____ % TOPS® Moderately Aggressive ETF |
| _____ % Rydex VIF Leisure | _____ % VanEck VIP Global Gold |
| _____ % Rydex VIF Mid-Cap 1.5x Strategy | _____ % VanEck VIP Global Resources |
| _____ % Rydex VIF NASDAQ-100® | _____ % Vanguard® VIF Balanced |
| _____ % Rydex VIF NASDAQ-100® 2x Strategy | _____ % Vanguard® VIF Capital Growth |
| _____ % Rydex VIF Nova | _____ % Vanguard® VIF Conservative Allocation |
| _____ % Rydex VIF Precious Metals | _____ % Vanguard® VIF Diversified Value |
| _____ % Rydex VIF Real Estate | _____ % Vanguard® VIF Equity Income |
| _____ % Rydex VIF Retailing | _____ % Vanguard® VIF Equity Index |
| _____ % Rydex VIF Russell 2000® 1.5x Strategy | _____ % Vanguard® VIF Global Bond Index |
| _____ % Rydex VIF Russell 2000® 2x Strategy | _____ % Vanguard® VIF Growth |
| _____ % Rydex VIF S&P 500 2x Strategy | _____ % Vanguard® VIF High Yield Bond |
| _____ % Rydex VIF S&P 500 Pure Growth | _____ % Vanguard® VIF International |
| _____ % Rydex VIF S&P 500 Pure Value | _____ % Vanguard® VIF Mid-Cap Index |
| _____ % Rydex VIF S&P MidCap 400 Pure Growth | _____ % Vanguard® VIF Moderate Allocation |
| _____ % Rydex VIF S&P MidCap 400 Pure Value | _____ % Vanguard® VIF Real Estate Index |
| _____ % Rydex VIF S&P SmallCap 600 Pure Growth | _____ % Vanguard® VIF Short Term Investment Grade |
| _____ % Rydex VIF S&P SmallCap 600 Pure Value | _____ % Vanguard® VIF Small Company Growth |
| _____ % Rydex VIF Strengthening Dollar 2x Strategy | _____ % Vanguard® VIF Total Bond Market Index |
| _____ % Rydex VIF Technology | _____ % Vanguard® VIF Total International Stock Market Index |
| _____ % Rydex VIF Telecommunications | _____ % Vanguard® VIF Total Stock Market Index |
| _____ % Rydex VIF Transportation | _____ % Victory Pioneer Bond VCT |
| _____ % Rydex VIF U.S. Government Money Market | _____ % Victory Pioneer Equity Income VCT |
| _____ % Rydex VIF Utilities | _____ % Victory Pioneer High Yield VCT |
| _____ % Rydex VIF Weakening Dollar 2x Strategy | _____ % Victory Pioneer Strategic Income VCT |
| _____ % T. Rowe Price Blue Chip Growth | _____ % Virtus Duff & Phelps Real Estate Securities Series |
| _____ % T. Rowe Price Equity Income | _____ % Virtus KAR Small-Cap Growth Series |
| _____ % T. Rowe Price Health Sciences | _____ % Virtus Newfleet Multi-Sector Intermediate Bond Series |
| _____ % T. Rowe Price Limited-Term Bond | _____ % Virtus SGA International Growth Series |
| _____ % Templeton Emerging Markets VIP Fund | _____ % Virtus Tactical Allocation Series |
| _____ % Templeton Foreign VIP Fund | _____ % Voya MidCap Opportunities Portfolio |
| _____ % Templeton Global Bond VIP Fund | _____ % VY CBRE Global Real Estate Portfolio |
| _____ % Templeton Growth VIP Fund | _____ % VY® Columbia Real Estate Portfolio |
| _____ % Third Avenue Value | _____ % Western Asset Variable Global High Yield Bond |
| _____ % TOPS® Aggressive ETF | |

Must Total 100%

¹ New purchases into this subaccount are limited to contract holders who had an investment in the subaccount as of the date it was closed and who maintain such investment.

Continued on Next Page ►



4. Provide Signature

I understand and authorize the transaction(s) requested on this form.

_____ _____
Signature of Owner Signature Date (mm/dd/yyyy) Signature of Joint Owner (if applicable) Signature Date (mm/dd/yyyy)

_____ _____
Signature of Representative (optional) Signature Date (mm/dd/yyyy) Print Name of Representative

Mail to:

First Security Benefit Life Insurance and Annuity Company of New York | Administrative Office

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