



Questions? Call our Service Center at 1-800-888-2461.

Instructions

Use this form to request periodic exchanges from one investment option to one or more investment options. Complete the entire form. Please type or print.

1. Provide General Information

☐ Application Attached or Contract Number _____

Name of Owner _____
First MI Last

Mailing Address _____
Street Address City State Zip Code

Social Security Number/Tax I.D. Number _____

Daytime Phone Number _____ Home Phone Number _____

2. Set Up Dollar Cost Averaging

Please complete each sub-section.

A. Effective Date _____
Date (mm/dd/yyyy - must be between 1st and 28th of the month)

If no date is indicated, or date indicated is prior to the date of receipt, the first transfer will occur on the date the request is received in proper form.

B. Frequency (check one):

☐ Monthly ☐ Quarterly ☐ Semi-Annually ☐ Annually

C. Option (check one):

☐ \$ _____ per transfer over _____ months/years.

☐ % _____ per transfer over _____ months/years.

☐ Fixed Period over _____ months/years.

☐ Only Interest/Earnings over _____ months/years.

(Earnings will accrue for one time period – i.e. monthly or quarterly – from the effective date before the first transfer occurs.)

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3. Provide Investment Directions (Continued on page 3)

Transfer From (choose only one):

- | | |
|---|---|
| <input type="checkbox"/> % AB Discovery Value | <input type="checkbox"/> % Fidelity® VIP Growth & Income |
| <input type="checkbox"/> % AB Relative Value | <input type="checkbox"/> % Fidelity® VIP Growth Opportunities |
| <input type="checkbox"/> % AB Sustainable Global Thematic | <input type="checkbox"/> % Fidelity® VIP High Income |
| <input type="checkbox"/> % AB VPS Dynamic Asset Allocation | <input type="checkbox"/> % Fidelity® VIP Index 500 |
| <input type="checkbox"/> % AFIS Capital World Growth and Income | <input type="checkbox"/> % Fidelity® VIP Investment Grade Bond |
| <input type="checkbox"/> % AFIS U.S. Government Securities | <input type="checkbox"/> % Fidelity® VIP Mid Cap |
| <input type="checkbox"/> % AFIS Washington Mutual Investors | <input type="checkbox"/> % Fidelity® VIP Overseas |
| <input type="checkbox"/> % Alger Capital Appreciation | <input type="checkbox"/> % Fidelity® VIP Real Estate |
| <input type="checkbox"/> % Alger Large Cap Growth | <input type="checkbox"/> % Fidelity® VIP Strategic Income |
| <input type="checkbox"/> % Allspring Opportunity VT | <input type="checkbox"/> % Franklin DynaTech VIP |
| <input type="checkbox"/> % Allspring VT Discovery All Cap Growth | <input type="checkbox"/> % Franklin Growth and Income VIP Fund |
| <input type="checkbox"/> % ALPS/Alerian Energy Infrastructure | <input type="checkbox"/> % Franklin Income VIP Fund |
| <input type="checkbox"/> % American Funds IS® Asset Allocation | <input type="checkbox"/> % Franklin Large Cap Growth VIP Fund |
| <input type="checkbox"/> % American Funds IS® Capital World Bond | <input type="checkbox"/> % Franklin Mutual Global Discovery VIP Fund |
| <input type="checkbox"/> % American Funds IS® Global Growth | <input type="checkbox"/> % Franklin Mutual Shares VIP Fund |
| <input type="checkbox"/> % American Funds IS® Global Small Capitalization | <input type="checkbox"/> % Franklin Rising Dividends VIP Fund |
| <input type="checkbox"/> % American Funds IS® Growth | <input type="checkbox"/> % Franklin Small Cap Value VIP Fund |
| <input type="checkbox"/> % American Funds IS® Growth-Income | <input type="checkbox"/> % Franklin Small-Mid Cap Growth VIP Fund |
| <input type="checkbox"/> % American Funds IS® International | <input type="checkbox"/> % Franklin Strategic Income VIP Fund |
| <input type="checkbox"/> % American Funds IS® International Growth and Income | <input type="checkbox"/> % Franklin U.S. Government Securities VIP Fund |
| <input type="checkbox"/> % American Funds IS® Mortgage | <input type="checkbox"/> % Goldman Sachs VIT International Equity Insights |
| <input type="checkbox"/> % American Funds IS® New World | <input type="checkbox"/> % Goldman Sachs VIT Large Cap Value |
| <input type="checkbox"/> % BlackRock Advantage Large Cap Core V.I. | <input type="checkbox"/> % Goldman Sachs VIT Mid Cap Growth |
| <input type="checkbox"/> % BlackRock Basic Value V.I. | <input type="checkbox"/> % Goldman Sachs VIT Mid Cap Value |
| <input type="checkbox"/> % BlackRock Capital Appreciation V.I. | <input type="checkbox"/> % Goldman Sachs VIT Small Cap Equity Insights |
| <input type="checkbox"/> % BlackRock Equity Dividend V.I. | <input type="checkbox"/> % Goldman Sachs VIT Strategic Growth |
| <input type="checkbox"/> % BlackRock Global Allocation V.I. | <input type="checkbox"/> % Guggenheim VIF Floating Rate Strategies |
| <input type="checkbox"/> % BlackRock High Yield V.I. | <input type="checkbox"/> % Guggenheim VIF Global Managed Futures Strategy |
| <input type="checkbox"/> % BlackRock Large Cap Focus Growth V.I. | <input type="checkbox"/> % Guggenheim VIF High Yield |
| <input type="checkbox"/> % BNY Mellon IP Small Cap Stock Index | <input type="checkbox"/> % Guggenheim VIF Multi-Hedge Strategies |
| <input type="checkbox"/> % BNY Mellon IP Technology Growth | <input type="checkbox"/> % Guggenheim VIF Total Return Bond |
| <input type="checkbox"/> % BNY Mellon Stock Index | <input type="checkbox"/> % Invesco Oppenheimer V.I. International Growth Fund |
| <input type="checkbox"/> % BNY Mellon VIF Appreciation | <input type="checkbox"/> % Invesco V.I. American Franchise |
| <input type="checkbox"/> % Dimensional VA Equity Allocation | <input type="checkbox"/> % Invesco V.I. American Value |
| <input type="checkbox"/> % Dimensional VA Global Bond Portfolio | <input type="checkbox"/> % Invesco V.I. Balanced-Risk Allocation |
| <input type="checkbox"/> % Dimensional VA Global Moderate Allocation | <input type="checkbox"/> % Invesco V.I. Comstock |
| <input type="checkbox"/> % Dimensional VA International Small Portfolio | <input type="checkbox"/> % Invesco V.I. Core Equity |
| <input type="checkbox"/> % Dimensional VA International Value Portfolio | <input type="checkbox"/> % Invesco V.I. Discovery Mid Cap Growth |
| <input type="checkbox"/> % Dimensional VA Short-Term Fixed Portfolio | <input type="checkbox"/> % Invesco V.I. Equally-Weighted S&P 500 |
| <input type="checkbox"/> % Dimensional VA U.S. Large Value Portfolio | <input type="checkbox"/> % Invesco V.I. Equity and Income |
| <input type="checkbox"/> % Dimensional VA U.S. Targeted Value Portfolio | <input type="checkbox"/> % Invesco V.I. EQV International Equity |
| <input type="checkbox"/> % Donoghue Forlines Dividend VIT Fund | <input type="checkbox"/> % Invesco V.I. Global |
| <input type="checkbox"/> % Donoghue Forlines Momentum VIT Fund | <input type="checkbox"/> % Invesco V.I. Global Core Equity |
| <input type="checkbox"/> % DWS Small Mid Cap Value VIP | <input type="checkbox"/> % Invesco V.I. Global Real Estate |
| <input type="checkbox"/> % Eaton Vance VT Floating-Rate Income | <input type="checkbox"/> % Invesco V.I. Global Strategic Income |
| <input type="checkbox"/> % Federated Hermes for U.S. Government Securities II | <input type="checkbox"/> % Invesco V.I. Government Securities |
| <input type="checkbox"/> % Federated Hermes High Income Bond II | <input type="checkbox"/> % Invesco V.I. Growth and Income |
| <input type="checkbox"/> % Fidelity® VIP Balanced | <input type="checkbox"/> % Invesco V.I. Health Care |
| <input type="checkbox"/> % Fidelity® VIP Contrafund® | <input type="checkbox"/> % Invesco V.I. High Yield |
| <input type="checkbox"/> % Fidelity® VIP Disciplined Small Cap | <input type="checkbox"/> % Invesco V.I. Main Street Mid Cap Fund® |
| <input type="checkbox"/> % Fidelity® VIP Emerging Markets | <input type="checkbox"/> % Invesco V.I. Main Street Small Cap Fund® |

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3. Provide Investment Directions (Continued from page 2)

Transfer From (choose only one):

- | | |
|---|---|
| <input type="checkbox"/> % Invesco V.I. Small Cap Equity | <input type="checkbox"/> % Morningstar Aggressive Growth ETF Asset Allocation Portfolio |
| <input type="checkbox"/> % Janus Henderson VIT Enterprise | <input type="checkbox"/> % Morningstar Balanced ETF Asset Allocation Portfolio |
| <input type="checkbox"/> % Janus Henderson VIT Forty | <input type="checkbox"/> % Morningstar Conservative ETF Asset Allocation Portfolio |
| <input type="checkbox"/> % Janus Henderson VIT Mid Cap Value | <input type="checkbox"/> % Morningstar Growth ETF Asset Allocation Portfolio |
| <input type="checkbox"/> % Janus Henderson VIT Overseas | <input type="checkbox"/> % Morningstar Income and Growth ETF Asset Allocation Portfolio |
| <input type="checkbox"/> % Janus Henderson VIT Research | <input type="checkbox"/> % NAA All Cap Value Series |
| <input type="checkbox"/> % Lord Abbett Series Bond-Debenture VC | <input type="checkbox"/> % NAA Large Cap Value Series |
| <input type="checkbox"/> % Lord Abbett Series Developing Growth VC | <input type="checkbox"/> % NAA Large Core Series |
| <input type="checkbox"/> % Lord Abbett Series Dividend Growth VC | <input type="checkbox"/> % NAA Large Growth Series |
| <input type="checkbox"/> % Lord Abbett Series Fundamental Equity VC | <input type="checkbox"/> % NAA Mid Growth Series |
| <input type="checkbox"/> % Lord Abbett Series Growth and Income VC | <input type="checkbox"/> % NAA Small Cap Value Series |
| <input type="checkbox"/> % Lord Abbett Series Growth Opportunities VC | <input type="checkbox"/> % NAA Small Growth Series |
| <input type="checkbox"/> % Lord Abbett Series Mid Cap Stock VC | <input type="checkbox"/> % NAA SMid Cap Value Series |
| <input type="checkbox"/> % Lord Abbett Series Total Return VC | <input type="checkbox"/> % NAA World Equity Income Series |
| <input type="checkbox"/> % LVIP American Century Disciplined Core Value | <input type="checkbox"/> % Neuberger Berman AMT Sustainable Equity |
| <input type="checkbox"/> % LVIP American Century Inflation Protection | <input type="checkbox"/> % PIMCO VIT All Asset |
| <input type="checkbox"/> % LVIP American Century International | <input type="checkbox"/> % PIMCO VIT CommodityRealReturn Strategy |
| <input type="checkbox"/> % LVIP American Century Mid Cap Value | <input type="checkbox"/> % PIMCO VIT Emerging Markets Bond |
| <input type="checkbox"/> % LVIP American Century Value | <input type="checkbox"/> % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged) |
| <input type="checkbox"/> % LVIP JPMorgan Core Bond | <input type="checkbox"/> % PIMCO VIT Global Managed Asset Allocation |
| <input type="checkbox"/> % LVIP JPMorgan Small Cap Core | <input type="checkbox"/> % PIMCO VIT High Yield |
| <input type="checkbox"/> % LVIP JPMorgan U.S. Equity | <input type="checkbox"/> % PIMCO VIT International Bond Portfolio (Unhedged) |
| <input type="checkbox"/> % Macquarie VIP Asset Strategy | <input type="checkbox"/> % PIMCO VIT Low Duration |
| <input type="checkbox"/> % Macquarie VIP Balanced | <input type="checkbox"/> % PIMCO VIT Real Return |
| <input type="checkbox"/> % Macquarie VIP Core Equity | <input type="checkbox"/> % PIMCO VIT Short-Term |
| <input type="checkbox"/> % Macquarie VIP Energy | <input type="checkbox"/> % PIMCO VIT Total Return |
| <input type="checkbox"/> % Macquarie VIP Global Growth | <input type="checkbox"/> % Putnam VT Core Equity |
| <input type="checkbox"/> % Macquarie VIP Growth | <input type="checkbox"/> % Putnam VT Diversified Income |
| <input type="checkbox"/> % Macquarie VIP High Income | <input type="checkbox"/> % Putnam VT Global Asset Allocation |
| <input type="checkbox"/> % Macquarie VIP International Core Equity | <input type="checkbox"/> % Putnam VT High Yield |
| <input type="checkbox"/> % Macquarie VIP Limited-Term Bond | <input type="checkbox"/> % Putnam VT Income |
| <input type="checkbox"/> % Macquarie VIP Mid Cap Growth | <input type="checkbox"/> % Putnam VT Large Cap Value |
| <input type="checkbox"/> % Macquarie VIP Natural Resources | <input type="checkbox"/> % Putnam VT Large Cap Growth |
| <input type="checkbox"/> % Macquarie VIP Science and Technology | <input type="checkbox"/> % Putnam VT Small Cap Growth |
| <input type="checkbox"/> % Macquarie VIP Small Cap Growth | <input type="checkbox"/> % Redwood Managed Volatility |
| <input type="checkbox"/> % Macquarie VIP Smid Cap Core | <input type="checkbox"/> % Rydex VIF Banking |
| <input type="checkbox"/> % Macquarie VIP Value | <input type="checkbox"/> % Rydex VIF Basic Materials |
| <input type="checkbox"/> % MFS® VIT Emerging Markets Equity | <input type="checkbox"/> % Rydex VIF Biotechnology |
| <input type="checkbox"/> % MFS® VIT Global Tactical Allocation | <input type="checkbox"/> % Rydex VIF Commodities Strategy |
| <input type="checkbox"/> % MFS® VIT High Yield | <input type="checkbox"/> % Rydex VIF Consumer Products |
| <input type="checkbox"/> % MFS® VIT II MA Investors Growth Stock | <input type="checkbox"/> % Rydex VIF Dow 2x Strategy |
| <input type="checkbox"/> % MFS® VIT II Research International | <input type="checkbox"/> % Rydex VIF Electronics |
| <input type="checkbox"/> % MFS® VIT International Intrinsic Value | <input type="checkbox"/> % Rydex VIF Energy |
| <input type="checkbox"/> % MFS® VIT Investors Trust | <input type="checkbox"/> % Rydex VIF Energy Services |
| <input type="checkbox"/> % MFS® VIT New Discovery | <input type="checkbox"/> % Rydex VIF Europe 1.25x Strategy |
| <input type="checkbox"/> % MFS® VIT Research | <input type="checkbox"/> % Rydex VIF Financial Services |
| <input type="checkbox"/> % MFS® VIT Total Return | <input type="checkbox"/> % Rydex VIF Government Long Bond 1.2x Strategy |
| <input type="checkbox"/> % MFS® VIT Total Return Bond | <input type="checkbox"/> % Rydex VIF Health Care |
| <input type="checkbox"/> % MFS® VIT Utilities | <input type="checkbox"/> % Rydex VIF High Yield Strategy |
| <input type="checkbox"/> % Morgan Stanley VIF Emerging Markets Debt | <input type="checkbox"/> % Rydex VIF Internet |
| <input type="checkbox"/> % Morgan Stanley VIF Emerging Markets Equity | <input type="checkbox"/> % Rydex VIF Inverse Dow 2x Strategy |

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3. Provide Investment Directions (Continued from page 3)

Transfer From (choose only one):

_____ % Rydex VIF Inverse Government Long Bond Strategy
_____ % Rydex VIF Inverse Mid-Cap Strategy
_____ % Rydex VIF Inverse NASDAQ-100® Strategy
_____ % Rydex VIF Inverse Russell 2000® Strategy
_____ % Rydex VIF Inverse S&P 500 Strategy
_____ % Rydex VIF Japan 2x Strategy
_____ % Rydex VIF Leisure
_____ % Rydex VIF Mid-Cap 1.5x Strategy
_____ % Rydex VIF NASDAQ-100®
_____ % Rydex VIF NASDAQ-100® 2x Strategy
_____ % Rydex VIF Nova
_____ % Rydex VIF Precious Metals
_____ % Rydex VIF Real Estate
_____ % Rydex VIF Retailing
_____ % Rydex VIF Russell 2000® 1.5x Strategy
_____ % Rydex VIF Russell 2000® 2x Strategy
_____ % Rydex VIF S&P 500 2x Strategy
_____ % Rydex VIF S&P 500 Pure Growth
_____ % Rydex VIF S&P 500 Pure Value
_____ % Rydex VIF S&P MidCap 400 Pure Growth
_____ % Rydex VIF S&P MidCap 400 Pure Value
_____ % Rydex VIF S&P SmallCap 600 Pure Growth
_____ % Rydex VIF S&P SmallCap 600 Pure Value
_____ % Rydex VIF Strengthening Dollar 2x Strategy
_____ % Rydex VIF Technology
_____ % Rydex VIF Telecommunications
_____ % Rydex VIF Transportation
_____ % Rydex VIF U.S. Government Money Market
_____ % Rydex VIF Utilities
_____ % Rydex VIF Weakening Dollar 2x Strategy
_____ % T. Rowe Price Blue Chip Growth
_____ % T. Rowe Price Equity Income
_____ % T. Rowe Price Health Sciences
_____ % T. Rowe Price Limited-Term Bond
_____ % Templeton Developing Markets VIP Fund
_____ % Templeton Foreign VIP Fund
_____ % Templeton Global Bond VIP Fund
_____ % Templeton Growth VIP Fund
_____ % Third Avenue Value
_____ % TOPS® Aggressive Growth ETF
_____ % TOPS® Balanced ETF
_____ % TOPS® Conservative ETF
_____ % TOPS® Growth ETF
_____ % TOPS® Managed Risk Balanced ETF
_____ % TOPS® Managed Risk Growth ETF
_____ % TOPS® Managed Risk Moderate Growth ETF
_____ % TOPS® Moderate Growth ETF
_____ % VanEck VIP Global Gold
_____ % VanEck VIP Global Resources
_____ % Vanguard® VIF Balanced
_____ % Vanguard® VIF Capital Growth
_____ % Vanguard® VIF Conservative Allocation

_____ % Vanguard® VIF Diversified Value
_____ % Vanguard® VIF Equity Income
_____ % Vanguard® VIF Equity Index
_____ % Vanguard® VIF Global Bond Index
_____ % Vanguard® VIF Growth
_____ % Vanguard® VIF High Yield Bond
_____ % Vanguard® VIF International
_____ % Vanguard® VIF Mid-Cap Index
_____ % Vanguard® VIF Moderate Allocation
_____ % Vanguard® VIF Real Estate Index
_____ % Vanguard® VIF Short Term Investment Grade
_____ % Vanguard® VIF Small Company Growth
_____ % Vanguard® VIF Total Bond Market Index
_____ % Vanguard® VIF Total International Stock Market Index
_____ % Vanguard® VIF Total Stock Market Index
_____ % Victory Pioneer Bond VCT
_____ % Victory Pioneer Equity Income VCT
_____ % Victory Pioneer High Yield VCT
_____ % Victory Pioneer Strategic Income VCT
_____ % Virtus Duff & Phelps Real Estate Securities Series
_____ % Virtus KAR Small-Cap Growth Series
_____ % Virtus Newfleet Multi-Sector Intermediate Bond Series
_____ % Virtus SGA International Growth Series
_____ % Virtus Tactical Allocation Series
_____ % Voya MidCap Opportunities Portfolio
_____ % VY CBRE Global Real Estate Portfolio
_____ % VY CBRE Real Estate Portfolio
_____ % Western Asset Variable Global High Yield Bond

Must Total 100%

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3. Provide Investment Directions (Continued on page 6)

Transfer To (indicate whole percentages totaling 100%):

<input type="text"/> % AB Discovery Value	<input type="text"/> % Fidelity® VIP Growth Opportunities
<input type="text"/> % AB Relative Value	<input type="text"/> % Fidelity® VIP High Income
<input type="text"/> % AB Sustainable Global Thematic	<input type="text"/> % Fidelity® VIP Index 500
<input type="text"/> % AB VPS Dynamic Asset Allocation	<input type="text"/> % Fidelity® VIP Investment Grade Bond
<input type="text"/> % AFIS Capital World Growth and Income	<input type="text"/> % Fidelity® VIP Mid Cap
<input type="text"/> % AFIS U.S. Government Securities	<input type="text"/> % Fidelity® VIP Overseas
<input type="text"/> % AFIS Washington Mutual Investors	<input type="text"/> % Fidelity® VIP Real Estate
<input type="text"/> % Alger Capital Appreciation ¹	<input type="text"/> % Fidelity® VIP Strategic Income
<input type="text"/> % Alger Large Cap Growth	<input type="text"/> % Franklin DynaTech VIP
<input type="text"/> % Allspring Opportunity VT	<input type="text"/> % Franklin Growth and Income VIP Fund
<input type="text"/> % Allspring VT Discovery All Cap Growth	<input type="text"/> % Franklin Income VIP Fund
<input type="text"/> % ALPS/Alerian Energy Infrastructure	<input type="text"/> % Franklin Large Cap Growth VIP Fund
<input type="text"/> % American Funds IS® Asset Allocation	<input type="text"/> % Franklin Mutual Global Discovery VIP Fund
<input type="text"/> % American Funds IS® Capital World Bond	<input type="text"/> % Franklin Mutual Shares VIP Fund
<input type="text"/> % American Funds IS® Global Growth	<input type="text"/> % Franklin Rising Dividends VIP Fund
<input type="text"/> % American Funds IS® Global Small Capitalization	<input type="text"/> % Franklin Small Cap Value VIP Fund
<input type="text"/> % American Funds IS® Growth	<input type="text"/> % Franklin Small-Mid Cap Growth VIP Fund
<input type="text"/> % American Funds IS® Growth-Income	<input type="text"/> % Franklin Strategic Income VIP Fund
<input type="text"/> % American Funds IS® International	<input type="text"/> % Franklin U.S. Government Securities VIP Fund
<input type="text"/> % American Funds IS® International Growth and Income	<input type="text"/> % Goldman Sachs VIT International Equity Insights
<input type="text"/> % American Funds IS® Mortgage	<input type="text"/> % Goldman Sachs VIT Large Cap Value
<input type="text"/> % American Funds IS® New World	<input type="text"/> % Goldman Sachs VIT Mid Cap Growth
<input type="text"/> % BlackRock Advantage Large Cap Core V.I.	<input type="text"/> % Goldman Sachs VIT Mid Cap Value
<input type="text"/> % BlackRock Basic Value V.I.	<input type="text"/> % Goldman Sachs VIT Small Cap Equity Insights
<input type="text"/> % BlackRock Capital Appreciation V.I.	<input type="text"/> % Goldman Sachs VIT Strategic Growth
<input type="text"/> % BlackRock Equity Dividend V.I.	<input type="text"/> % Guggenheim VIF Floating Rate Strategies
<input type="text"/> % BlackRock Global Allocation V.I.	<input type="text"/> % Guggenheim VIF Global Managed Futures Strategy
<input type="text"/> % BlackRock High Yield V.I.	<input type="text"/> % Guggenheim VIF High Yield
<input type="text"/> % BlackRock Large Cap Focus Growth V.I.	<input type="text"/> % Guggenheim VIF Multi-Hedge Strategies
<input type="text"/> % BNY Mellon IP Small Cap Stock Index	<input type="text"/> % Guggenheim VIF Total Return Bond
<input type="text"/> % BNY Mellon IP Technology Growth	<input type="text"/> % Invesco Oppenheimer V.I. International Growth Fund
<input type="text"/> % BNY Mellon Stock Index	<input type="text"/> % Invesco V.I. American Franchise
<input type="text"/> % BNY Mellon VIF Appreciation	<input type="text"/> % Invesco V.I. American Value
<input type="text"/> % Dimensional VA Equity Allocation	<input type="text"/> % Invesco V.I. Balanced-Risk Allocation
<input type="text"/> % Dimensional VA Global Bond Portfolio	<input type="text"/> % Invesco V.I. Comstock
<input type="text"/> % Dimensional VA Global Moderate Allocation	<input type="text"/> % Invesco V.I. Core Equity
<input type="text"/> % Dimensional VA International Small Portfolio	<input type="text"/> % Invesco V.I. Discovery Mid Cap Growth
<input type="text"/> % Dimensional VA International Value Portfolio	<input type="text"/> % Invesco V.I. Equally-Weighted S&P 500
<input type="text"/> % Dimensional VA Short-Term Fixed Portfolio	<input type="text"/> % Invesco V.I. Equity and Income
<input type="text"/> % Dimensional VA U.S. Large Value Portfolio	<input type="text"/> % Invesco V.I. EQV International Equity
<input type="text"/> % Dimensional VA U.S. Targeted Value Portfolio	<input type="text"/> % Invesco V.I. Global
<input type="text"/> % Donoghue Forlines Dividend VIT Fund	<input type="text"/> % Invesco V.I. Global Core Equity
<input type="text"/> % Donoghue Forlines Momentum VIT Fund	<input type="text"/> % Invesco V.I. Global Real Estate
<input type="text"/> % DWS Small Mid Cap Value VIP	<input type="text"/> % Invesco V.I. Global Strategic Income
<input type="text"/> % Eaton Vance VT Floating-Rate Income	<input type="text"/> % Invesco V.I. Government Securities
<input type="text"/> % Federated Hermes for U.S. Government Securities II	<input type="text"/> % Invesco V.I. Growth and Income
<input type="text"/> % Federated Hermes High Income Bond II	<input type="text"/> % Invesco V.I. Health Care
<input type="text"/> % Fidelity® VIP Balanced	<input type="text"/> % Invesco V.I. High Yield
<input type="text"/> % Fidelity® VIP Contrafund®	<input type="text"/> % Invesco V.I. Main Street Mid Cap Fund®
<input type="text"/> % Fidelity® VIP Disciplined Small Cap	<input type="text"/> % Invesco V.I. Main Street Small Cap Fund®
<input type="text"/> % Fidelity® VIP Emerging Markets	<input type="text"/> % Invesco V.I. Small Cap Equity
<input type="text"/> % Fidelity® VIP Growth & Income	<input type="text"/> % Janus Henderson VIT Enterprise

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3. Provide Investment Directions (Continued from page 5)

Transfer To (indicate whole percentages totaling 100%):

_____ % Janus Henderson VIT Forty	_____ % Morningstar Conservative ETF Asset Allocation Portfolio
_____ % Janus Henderson VIT Mid Cap Value	_____ % Morningstar Growth ETF Asset Allocation Portfolio
_____ % Janus Henderson VIT Overseas	_____ % Morningstar Income and Growth ETF Asset Allocation Portfolio
_____ % Janus Henderson VIT Research	_____ % NAA All Cap Value Series
_____ % Lord Abbett Series Bond-Debtenture VC	_____ % NAA Large Cap Value Series
_____ % Lord Abbett Series Developing Growth VC ¹	_____ % NAA Large Core Series
_____ % Lord Abbett Series Dividend Growth VC	_____ % NAA Large Growth Series
_____ % Lord Abbett Series Fundamental Equity VC	_____ % NAA Mid Growth Series
_____ % Lord Abbett Series Growth and Income VC	_____ % NAA Small Cap Value Series
_____ % Lord Abbett Series Growth Opportunities VC	_____ % NAA Small Growth Series
_____ % Lord Abbett Series Mid Cap Stock VC	_____ % NAA SMid Cap Value Series
_____ % Lord Abbett Series Total Return VC	_____ % NAA World Equity Income Series
_____ % LVIP American Century Disciplined Core Value	_____ % Neuberger Berman AMT Sustainable Equity
_____ % LVIP American Century Inflation Protection	_____ % PIMCO VIT All Asset
_____ % LVIP American Century International	_____ % PIMCO VIT CommodityRealReturn Strategy
_____ % LVIP American Century Mid Cap Value	_____ % PIMCO VIT Emerging Markets Bond
_____ % LVIP American Century Value	_____ % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)
_____ % LVIP JPMorgan Core Bond	_____ % PIMCO VIT Global Managed Asset Allocation
_____ % LVIP JPMorgan Small Cap Core	_____ % PIMCO VIT High Yield
_____ % LVIP JPMorgan U.S. Equity	_____ % PIMCO VIT International Bond Portfolio (Unhedged)
_____ % Macquarie VIP Asset Strategy	_____ % PIMCO VIT Low Duration
_____ % Macquarie VIP Balanced	_____ % PIMCO VIT Real Return
_____ % Macquarie VIP Core Equity	_____ % PIMCO VIT Short-Term
_____ % Macquarie VIP Energy	_____ % PIMCO VIT Total Return
_____ % Macquarie VIP Global Growth	_____ % Putnam VT Diversified Income
_____ % Macquarie VIP Growth	_____ % Putnam VT Global Asset Allocation
_____ % Macquarie VIP High Income	_____ % Putnam VT High Yield
_____ % Macquarie VIP International Core Equity	_____ % Putnam VT Income
_____ % Macquarie VIP Limited-Term Bond	_____ % Putnam VT Core Equity
_____ % Macquarie VIP Mid Cap Growth	_____ % Putnam VT Large Cap Growth
_____ % Macquarie VIP Natural Resources	_____ % Putnam VT Large Cap Value
_____ % Macquarie VIP Science and Technology	_____ % Putnam VT Multi-Asset Absolute Return
_____ % Macquarie VIP Small Cap Growth	_____ % Putnam VT Small Cap Growth
_____ % Macquarie VIP Smid Cap Core	_____ % Redwood Managed Volatility
_____ % Macquarie VIP Value	_____ % Rydex VIF Banking
_____ % MFS® VIT Emerging Markets Equity	_____ % Rydex VIF Basic Materials
_____ % MFS® VIT Global Tactical Allocation	_____ % Rydex VIF Biotechnology
_____ % MFS® VIT High Yield	_____ % Rydex VIF Commodities Strategy
_____ % MFS® VIT II MA Investors Growth Stock	_____ % Rydex VIF Consumer Products
_____ % MFS® VIT II Research International	_____ % Rydex VIF Dow 2x Strategy
_____ % MFS® VIT International Intrinsic Value	_____ % Rydex VIF Electronics
_____ % MFS® VIT Investors Trust	_____ % Rydex VIF Energy
_____ % MFS® VIT New Discovery	_____ % Rydex VIF Energy Services
_____ % MFS® VIT Research	_____ % Rydex VIF Europe 1.25x Strategy
_____ % MFS® VIT Total Return	_____ % Rydex VIF Financial Services
_____ % MFS® VIT Total Return Bond	_____ % Rydex VIF Government Long Bond 1.2x Strategy
_____ % MFS® VIT Utilities	_____ % Rydex VIF Health Care
_____ % Morgan Stanley VIF Emerging Markets Debt	_____ % Rydex VIF High Yield Strategy
_____ % Morgan Stanley VIF Emerging Markets Equity	_____ % Rydex VIF Internet
_____ % Morningstar Aggressive Growth ETF Asset Allocation Portfolio	_____ % Rydex VIF Inverse Dow 2x Strategy
_____ % Morningstar Balanced ETF Asset Allocation Portfolio	_____ % Rydex VIF Inverse Government Long Bond Strategy

Continued on Next Page ►



3. Provide Investment Directions (Continued from page 6)

Transfer To (indicate whole percentages totaling 100%):

_____ % Rydex VIF Inverse Mid-Cap Strategy	_____ % Vanguard® VIF Capital Growth
_____ % Rydex VIF Inverse NASDAQ-100® Strategy	_____ % Vanguard® VIF Conservative Allocation
_____ % Rydex VIF Inverse Russell 2000® Strategy	_____ % Vanguard® VIF Diversified Value
_____ % Rydex VIF Inverse S&P 500 Strategy	_____ % Vanguard® VIF Equity Income
_____ % Rydex VIF Japan 2x Strategy	_____ % Vanguard® VIF Equity Index
_____ % Rydex VIF Leisure	_____ % Vanguard® VIF Global Bond Index
_____ % Rydex VIF Mid-Cap 1.5x Strategy	_____ % Vanguard® VIF Growth
_____ % Rydex VIF NASDAQ-100®	_____ % Vanguard® VIF High Yield Bond
_____ % Rydex VIF NASDAQ-100® 2x Strategy	_____ % Vanguard® VIF International
_____ % Rydex VIF Nova	_____ % Vanguard® VIF Mid-Cap Index
_____ % Rydex VIF Precious Metals	_____ % Vanguard® VIF Moderate Allocation
_____ % Rydex VIF Real Estate	_____ % Vanguard® VIF Real Estate Index
_____ % Rydex VIF Retailing	_____ % Vanguard® VIF Short Term Investment Grade
_____ % Rydex VIF Russell 2000® 1.5x Strategy	_____ % Vanguard® VIF Small Company Growth ¹
_____ % Rydex VIF Russell 2000® 2x Strategy	_____ % Vanguard® VIF Total Bond Market Index
_____ % Rydex VIF S&P 500 2x Strategy	_____ % Vanguard® VIF Total International Stock Market Index
_____ % Rydex VIF S&P 500 Pure Growth	_____ % Vanguard® VIF Total Stock Market Index
_____ % Rydex VIF S&P 500 Pure Value	_____ % Victory Pioneer Bond VCT
_____ % Rydex VIF S&P MidCap 400 Pure Growth	_____ % Victory Pioneer Equity Income VCT
_____ % Rydex VIF S&P MidCap 400 Pure Value	_____ % Victory Pioneer High Yield VCT
_____ % Rydex VIF S&P SmallCap 600 Pure Growth	_____ % Victory Pioneer Strategic Income VCT
_____ % Rydex VIF S&P SmallCap 600 Pure Value	_____ % Virtus Duff & Phelps Real Estate Securities Series
_____ % Rydex VIF Strengthening Dollar 2x Strategy	_____ % Virtus KAR Small-Cap Growth Series
_____ % Rydex VIF Technology	_____ % Virtus Newfleet Multi-Sector Intermediate Bond Series
_____ % Rydex VIF Telecommunications	_____ % Virtus SGA International Growth Series
_____ % Rydex VIF Transportation	_____ % Virtus Tactical Allocation Series
_____ % Rydex VIF U.S. Government Money Market	_____ % Voya MidCap Opportunities Portfolio
_____ % Rydex VIF Utilities	_____ % VY CBRE Global Real Estate Portfolio
_____ % Rydex VIF Weakening Dollar 2x Strategy	_____ % VY CBRE Real Estate Portfolio
_____ % T. Rowe Price Blue Chip Growth	_____ % Western Asset Variable Global High Yield Bond
_____ % T. Rowe Price Equity Income	
_____ % T. Rowe Price Health Sciences	
_____ % T. Rowe Price Limited-Term Bond	
_____ % Templeton Developing Markets VIP Fund	
_____ % Templeton Foreign VIP Fund	
_____ % Templeton Global Bond VIP Fund	
_____ % Templeton Growth VIP Fund	
_____ % Third Avenue Value	
_____ % TOPS® Aggressive Growth ETF	
_____ % TOPS® Balanced ETF	
_____ % TOPS® Conservative ETF	
_____ % TOPS® Growth ETF	
_____ % TOPS® Managed Risk Balanced ETF	
_____ % TOPS® Managed Risk Growth ETF	
_____ % TOPS® Managed Risk Moderate Growth ETF	
_____ % TOPS® Moderate Growth ETF	
_____ % VanEck VIP Global Gold	
_____ % VanEck VIP Global Resources	
_____ % Vanguard® VIF Balanced	

Must Total 100%

¹ New purchases into this subaccount are limited to contract holders who had an investment in the subaccount as of the date it was closed and who maintain such investment.

Continued on Next Page ►



4. Provide Signature

I understand and authorize the transaction(s) requested on this form.

X

Signature of Owner

Date (mm/dd/yyyy)

X

Signature of Joint Owner (if applicable)

Date (mm/dd/yyyy)

X

Signature of Representative (optional)

Date (mm/dd/yyyy)

Print Name of Representative

Mail to:

First Security Benefit Life Insurance and Annuity Company of New York | Administrative Office

P.O. Box 750497 | Topeka, Kansas 66675-0497

Fax to: 785.368.1772

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