First Security Benefit Life Insurance and Annuity Company of New York

EliteDesigns® Dollar Cost Averaging

Questions? Call our Service Center at 1-800-888-2461.

Instructions

Use this form to request periodic exchanges from one investment option to one or more investment options. Complete the entire form. Please type or print.

1. Provide General Information

☐ **Application Attached or Contract Number** _____

Name of Owner _____ (First) _____ (MI) _____ (Last)

Mailing Address _____ (Street Address) _____ (City) _____ (State) _____ (Zip Code)

Social Security Number/Tax I.D. Number _____

Daytime Phone Number _____ **Home Phone Number** _____

2. Set Up Dollar Cost Averaging

Please complete each sub-section.

A. Effective Date _____
Date (mm/dd/yyyy - must be between 1st and 28th of the month)

If no date is indicated, or date indicated is prior to the date of receipt, the first transfer will occur on the date the request is received in proper form.

B. Frequency (check one):

○ Monthly ○ Quarterly ○ Semi-Annually ○ Annually

C. Option (check one):

○ $ _____ per transfer over _____ months/years.

○ % _____ per transfer over _____ months/years.

○ Fixed Period over _____ months/years.

○ Only Interest/Earnings over _____ months/years.

(Earnings will accrue for one time period – i.e. monthly or quarterly – from the effective date before the first transfer occurs.)

Continued on Next Page ▶

3. Provide Investment Directions (Continued on page 3)

Transfer From (choose only one):

_____ % AB Discovery Value
_____ % AB Relative Value
_____ % AB Sustainable Global Thematic
_____ % AB VPS Dynamic Asset Allocation
_____ % AFIS Capital World Growth and Income
_____ % AFIS U.S. Government Securities
_____ % AFIS Washington Mutual Investors
_____ % Alger Capital Appreciation
_____ % Alger Large Cap Growth
_____ % Allspring Opportunity VT
_____ % Allspring VT Discovery All Cap Growth
_____ % ALPS/Alerian Energy Infrastructure
_____ % American Funds IS® Asset Allocation
_____ % American Funds IS® Capital World Bond
_____ % American Funds IS® EUPAC Fund™
_____ % American Funds IS® Global Growth
_____ % American Funds IS® Growth
_____ % American Funds IS® Growth-Income
_____ % American Funds IS® International Growth and Income
_____ % American Funds IS® Mortgage
_____ % American Funds IS® New World
_____ % American Funds IS® SMALLCAP World Fund®
_____ % BlackRock Advantage Large Cap Core V.I.
_____ % BlackRock Basic Value V.I.
_____ % BlackRock Capital Appreciation V.I.
_____ % BlackRock Equity Dividend V.I.
_____ % BlackRock Global Allocation V.I.
_____ % BlackRock High Yield V.I.
_____ % BlackRock Large Cap Focus Growth V.I.
_____ % BNY Mellon IP Small Cap Stock Index
_____ % BNY Mellon IP Technology Growth
_____ % BNY Mellon Stock Index
_____ % BNY Mellon VIF Appreciation
_____ % Dimensional VA Equity Allocation
_____ % Dimensional VA Global Bond Portfolio
_____ % Dimensional VA Global Moderate Allocation
_____ % Dimensional VA International Small Portfolio
_____ % Dimensional VA International Value Portfolio
_____ % Dimensional VA Short-Term Fixed Portfolio
_____ % Dimensional VA U.S. Large Value Portfolio
_____ % Dimensional VA U.S. Targeted Value Portfolio
_____ % Donoghue Forlines Dividend VIT Fund
_____ % Donoghue Forlines Momentum VIT Fund
_____ % DWS Small Mid Cap Value VIP
_____ % Eaton Vance VT Floating-Rate Income
_____ % Federated Hermes for U.S. Government Securities II
_____ % Federated Hermes High Income Bond II
_____ % Fidelity® VIP Balanced
_____ % Fidelity® VIP Contrafund®
_____ % Fidelity® VIP Disciplined Small Cap
_____ % Fidelity® VIP Emerging Markets
_____ % Fidelity® VIP Growth & Income
_____ % Fidelity® VIP Growth Opportunities
_____ % Fidelity® VIP High Income
_____ % Fidelity® VIP Index 500
_____ % Fidelity® VIP Investment Grade Bond
_____ % Fidelity® VIP Mid Cap
_____ % Fidelity® VIP Overseas
_____ % Fidelity® VIP Real Estate
_____ % Fidelity® VIP Strategic Income
_____ % Franklin DynaTech VIP
_____ % Franklin Growth and Income VIP Fund
_____ % Franklin Income VIP Fund
_____ % Franklin Large Cap Growth VIP Fund
_____ % Franklin Mutual Global Discovery VIP Fund
_____ % Franklin Mutual Shares VIP Fund
_____ % Franklin Rising Dividends VIP Fund
_____ % Franklin Small Cap Value VIP Fund
_____ % Franklin Small-Mid Cap Growth VIP Fund
_____ % Franklin Strategic Income VIP Fund
_____ % Franklin U.S. Government Securities VIP Fund
_____ % Goldman Sachs VIT International Equity Insights
_____ % Goldman Sachs VIT Large Cap Value
_____ % Goldman Sachs VIT Mid Cap Growth
_____ % Goldman Sachs VIT Mid Cap Value
_____ % Goldman Sachs VIT Small Cap Equity Insights
_____ % Goldman Sachs VIT Strategic Growth
_____ % Guggenheim VIF Floating Rate Strategies
_____ % Guggenheim VIF Global Managed Futures Strategy
_____ % Guggenheim VIF High Yield
_____ % Guggenheim VIF Multi-Hedge Strategies
_____ % Guggenheim VIF Total Return Bond
_____ % Invesco V.I. American Franchise
_____ % Invesco V.I. American Value
_____ % Invesco V.I. Balanced-Risk Allocation
_____ % Invesco V.I. Comstock
_____ % Invesco V.I. Core Equity
_____ % Invesco V.I. Discovery Mid Cap Growth
_____ % Invesco V.I. Equally-Weighted S&P 500
_____ % Invesco V.I. Equity and Income
_____ % Invesco V.I. EQV International Equity
_____ % Invesco V.I. Global
_____ % Invesco V.I. Global Real Estate
_____ % Invesco V.I. Global Strategic Income
_____ % Invesco V.I. Government Securities
_____ % Invesco V.I. Growth and Income
_____ % Invesco V.I. Health Care
_____ % Invesco V.I. High Yield
_____ % Invesco V.I. International Growth Fund
_____ % Invesco V.I. Main Street Mid Cap Fund®
_____ % Invesco V.I. Main Street Small Cap Fund®
_____ % Invesco V.I. Small Cap Equity

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3. Provide Investment Directions (Continued from page 2)

Transfer From (choose only one):

_____ % Janus Henderson VIT Enterprise
_____ % Janus Henderson VIT Forty
_____ % Janus Henderson VIT Mid Cap Value
_____ % Janus Henderson VIT Overseas
_____ % Janus Henderson VIT Research
_____ % Lord Abbett Series Bond-Debenture VC
_____ % Lord Abbett Series Developing Growth VC
_____ % Lord Abbett Series Dividend Growth VC
_____ % Lord Abbett Series Fundamental Equity VC
_____ % Lord Abbett Series Growth and Income VC
_____ % Lord Abbett Series Growth Opportunities VC
_____ % Lord Abbett Series Mid Cap Stock VC
_____ % Lord Abbett Series Total Return VC
_____ % LVIP American Century Inflation Protection
_____ % LVIP American Century International
_____ % LVIP American Century Mid Cap Value
_____ % LVIP American Century Value
_____ % LVIP Avantis Large Cap Value
_____ % LVIP JPMorgan Core Bond
_____ % LVIP JPMorgan Small Cap Core
_____ % LVIP JPMorgan U.S. Equity
_____ % MFS® VIT Emerging Markets Equity
_____ % MFS® VIT Global Tactical Allocation
_____ % MFS® VIT High Yield
_____ % MFS® VIT II MA Investors Growth Stock
_____ % MFS® VIT II Research International
_____ % MFS® VIT International Intrinsic Equity
_____ % MFS® VIT Investors Trust
_____ % MFS® VIT New Discovery
_____ % MFS® VIT Research
_____ % MFS® VIT Total Return
_____ % MFS® VIT Total Return Bond
_____ % MFS® VIT Utilities
_____ % Morgan Stanley VIF Emerging Markets Debt
_____ % Morgan Stanley VIF Emerging Markets Equity
_____ % Morningstar Aggressive Growth ETF Asset Allocation Portfolio
_____ % Morningstar Balanced ETF Asset Allocation Portfolio
_____ % Morningstar Conservative ETF Asset Allocation Portfolio
_____ % Morningstar Growth ETF Asset Allocation Portfolio
_____ % Morningstar Income and Growth ETF Asset Allocation Portfolio
_____ % NAA All Cap Value Series
_____ % NAA Large Cap Value Series
_____ % NAA Large Core Series
_____ % NAA Large Growth Series
_____ % NAA Mid Growth Series
_____ % NAA Small Cap Value Series
_____ % NAA Small Growth Series
_____ % NAA SMid Cap Value Series
_____ % NAA World Equity Income Series
_____ % Neuberger Berman Quality Equity Portfolio
_____ % Nomura VIP Asset Strategy
_____ % Nomura VIP Balanced
_____ % Nomura VIP Core Equity
_____ % Nomura VIP Energy
_____ % Nomura VIP Global Growth
_____ % Nomura VIP Growth
_____ % Nomura VIP High Income
_____ % Nomura VIP International Core Equity
_____ % Nomura VIP Limited-Term Bond
_____ % Nomura VIP Mid Cap Growth
_____ % Nomura VIP Natural Resources
_____ % Nomura VIP Science and Technology
_____ % Nomura VIP Small Cap Growth
_____ % Nomura VIP Smid Cap Core
_____ % Nomura VIP Value
_____ % PIMCO VIT All Asset
_____ % PIMCO VIT CommodityRealReturn Strategy
_____ % PIMCO VIT Emerging Markets Bond
_____ % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)
_____ % PIMCO VIT Global Managed Asset Allocation
_____ % PIMCO VIT High Yield
_____ % PIMCO VIT International Bond Portfolio (Unhedged)
_____ % PIMCO VIT Low Duration
_____ % PIMCO VIT Real Return
_____ % PIMCO VIT Short-Term
_____ % PIMCO VIT Total Return
_____ % Putnam VT Core Equity
_____ % Putnam VT Diversified Income
_____ % Putnam VT Global Asset Allocation
_____ % Putnam VT High Yield
_____ % Putnam VT Income
_____ % Putnam VT Large Cap Value
_____ % Putnam VT Large Cap Growth
_____ % Putnam VT Small Cap Growth
_____ % Redwood Managed Volatility
_____ % Rydex VIF Banking
_____ % Rydex VIF Basic Materials
_____ % Rydex VIF Biotechnology
_____ % Rydex VIF Commodities Strategy
_____ % Rydex VIF Consumer Products
_____ % Rydex VIF Dow 2x Strategy
_____ % Rydex VIF Electronics
_____ % Rydex VIF Energy
_____ % Rydex VIF Energy Services
_____ % Rydex VIF Europe 1.25x Strategy
_____ % Rydex VIF Financial Services
_____ % Rydex VIF Government Long Bond 1.2x Strategy
_____ % Rydex VIF Health Care
_____ % Rydex VIF High Yield Strategy
_____ % Rydex VIF Internet
_____ % Rydex VIF Inverse Dow 2x Strategy
_____ % Rydex VIF Inverse Government Long Bond Strategy

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3. Provide Investment Directions (Continued from page 3)

Transfer From (choose only one):

_____ % Rydex VIF Inverse Mid-Cap Strategy
_____ % Rydex VIF Inverse NASDAQ-100® Strategy
_____ % Rydex VIF Inverse Russell 2000® Strategy
_____ % Rydex VIF Inverse S&P 500 Strategy
_____ % Rydex VIF Japan 2x Strategy
_____ % Rydex VIF Leisure
_____ % Rydex VIF Mid-Cap 1.5x Strategy
_____ % Rydex VIF NASDAQ-100®
_____ % Rydex VIF NASDAQ-100® 2x Strategy
_____ % Rydex VIF Nova
_____ % Rydex VIF Precious Metals
_____ % Rydex VIF Real Estate
_____ % Rydex VIF Retailing
_____ % Rydex VIF Russell 2000® 1.5x Strategy
_____ % Rydex VIF Russell 2000® 2x Strategy
_____ % Rydex VIF S&P 500 2x Strategy
_____ % Rydex VIF S&P 500 Pure Growth
_____ % Rydex VIF S&P 500 Pure Value
_____ % Rydex VIF S&P MidCap 400 Pure Growth
_____ % Rydex VIF S&P MidCap 400 Pure Value
_____ % Rydex VIF S&P SmallCap 600 Pure Growth
_____ % Rydex VIF S&P SmallCap 600 Pure Value
_____ % Rydex VIF Strengthening Dollar 2x Strategy
_____ % Rydex VIF Technology
_____ % Rydex VIF Telecommunications
_____ % Rydex VIF Transportation
_____ % Rydex VIF U.S. Government Money Market
_____ % Rydex VIF Utilities
_____ % Rydex VIF Weakening Dollar 2x Strategy
_____ % T. Rowe Price Blue Chip Growth
_____ % T. Rowe Price Equity Income
_____ % T. Rowe Price Health Sciences
_____ % T. Rowe Price Limited-Term Bond
_____ % Templeton Emerging Markets VIP Fund
_____ % Templeton Foreign VIP Fund
_____ % Templeton Global Bond VIP Fund
_____ % Templeton Growth VIP Fund
_____ % Third Avenue Value
_____ % TOPS® Aggressive ETF
_____ % TOPS® Balanced ETF
_____ % TOPS® Conservative ETF
_____ % TOPS® Managed Risk Balanced ETF
_____ % TOPS® Managed Risk Moderate ETF
_____ % TOPS® Managed Risk Moderately Aggressive ETF
_____ % TOPS® Moderate ETF
_____ % TOPS® Moderately Aggressive ETF
_____ % VanEck VIP Global Gold
_____ % VanEck VIP Global Resources
_____ % Vanguard® VIF Balanced
_____ % Vanguard® VIF Conservative Allocation
_____ % Vanguard® VIF Diversified Value
_____ % Vanguard® VIF Equity Income
_____ % Vanguard® VIF Equity Index
_____ % Vanguard® VIF Global Bond Index
_____ % Vanguard® VIF Growth
_____ % Vanguard® VIF High Yield Bond
_____ % Vanguard® VIF International
_____ % Vanguard® VIF Mid-Cap Index
_____ % Vanguard® VIF Moderate Allocation
_____ % Vanguard® VIF PRIMECAP
_____ % Vanguard® VIF Real Estate Index
_____ % Vanguard® VIF Short Term Investment Grade
_____ % Vanguard® VIF Small Company Growth
_____ % Vanguard® VIF Total Bond Market Index
_____ % Vanguard® VIF Total International Stock Market Index
_____ % Vanguard® VIF Total Stock Market Index
_____ % Victory Pioneer Bond VCT
_____ % Victory Pioneer Equity Income VCT
_____ % Victory Pioneer High Yield VCT
_____ % Victory Pioneer Strategic Income VCT
_____ % Virtus Duff & Phelps Real Estate Securities Series
_____ % Virtus KAR Small-Cap Growth Series
_____ % Virtus Newfleet Multi-Sector Intermediate Bond Series
_____ % Virtus SGA International Growth Series
_____ % Virtus Tactical Allocation Series
_____ % Voya MidCap Opportunities Portfolio
_____ % VY CBRE Global Real Estate Portfolio
_____ % VY® Columbia Real Estate Portfolio
_____ % Western Asset Variable Global High Yield Bond

Must Total 100%

Continued on Next Page ▶

3. Provide Investment Directions (Continued on page 6)

Transfer To (indicate whole percentages totaling 100%):

_____ % AB Discovery Value
_____ % AB Relative Value
_____ % AB Sustainable Global Thematic
_____ % AB VPS Dynamic Asset Allocation
_____ % AFIS Capital World Growth and Income
_____ % AFIS U.S. Government Securities
_____ % AFIS Washington Mutual Investors
_____ % Alger Capital Appreciation
_____ % Alger Large Cap Growth
_____ % Allspring Opportunity VT
_____ % Allspring VT Discovery All Cap Growth
_____ % ALPS/Alerian Energy Infrastructure
_____ % American Funds IS® Asset Allocation
_____ % American Funds IS® Capital World Bond
_____ % American Funds IS® EUPAC Fund™
_____ % American Funds IS® Global Growth
_____ % American Funds IS® Growth
_____ % American Funds IS® Growth-Income
_____ % American Funds IS® International Growth and Income
_____ % American Funds IS® Mortgage
_____ % American Funds IS® New World
_____ % American Funds IS® SMALLCAP World Fund®
_____ % BlackRock Advantage Large Cap Core V.I.
_____ % BlackRock Basic Value V.I.
_____ % BlackRock Capital Appreciation V.I.
_____ % BlackRock Equity Dividend V.I.
_____ % BlackRock Global Allocation V.I.
_____ % BlackRock High Yield V.I.
_____ % BlackRock Large Cap Focus Growth V.I.
_____ % BNY Mellon IP Small Cap Stock Index
_____ % BNY Mellon IP Technology Growth
_____ % BNY Mellon Stock Index
_____ % BNY Mellon VIF Appreciation
_____ % Dimensional VA Equity Allocation
_____ % Dimensional VA Global Bond Portfolio
_____ % Dimensional VA Global Moderate Allocation
_____ % Dimensional VA International Small Portfolio
_____ % Dimensional VA International Value Portfolio
_____ % Dimensional VA Short-Term Fixed Portfolio
_____ % Dimensional VA U.S. Large Value Portfolio
_____ % Dimensional VA U.S. Targeted Value Portfolio
_____ % Donoghue Forlines Dividend VIT Fund
_____ % Donoghue Forlines Momentum VIT Fund
_____ % DWS Small Mid Cap Value VIP
_____ % Eaton Vance VT Floating-Rate Income
_____ % Federated Hermes for U.S. Government Securities II
_____ % Federated Hermes High Income Bond II
_____ % Fidelity® VIP Balanced
_____ % Fidelity® VIP Contrafund®
_____ % Fidelity® VIP Disciplined Small Cap
_____ % Fidelity® VIP Emerging Markets
_____ % Fidelity® VIP Growth & Income
_____ % Fidelity® VIP Growth Opportunities
_____ % Fidelity® VIP High Income
_____ % Fidelity® VIP Index 500
_____ % Fidelity® VIP Investment Grade Bond
_____ % Fidelity® VIP Mid Cap
_____ % Fidelity® VIP Overseas
_____ % Fidelity® VIP Real Estate
_____ % Fidelity® VIP Strategic Income
_____ % Franklin DynaTech VIP
_____ % Franklin Growth and Income VIP Fund
_____ % Franklin Income VIP Fund
_____ % Franklin Large Cap Growth VIP Fund
_____ % Franklin Mutual Global Discovery VIP Fund
_____ % Franklin Mutual Shares VIP Fund
_____ % Franklin Rising Dividends VIP Fund
_____ % Franklin Small Cap Value VIP Fund
_____ % Franklin Small-Mid Cap Growth VIP Fund
_____ % Franklin Strategic Income VIP Fund
_____ % Franklin U.S. Government Securities VIP Fund
_____ % Goldman Sachs VIT International Equity Insights
_____ % Goldman Sachs VIT Large Cap Value
_____ % Goldman Sachs VIT Mid Cap Growth
_____ % Goldman Sachs VIT Mid Cap Value
_____ % Goldman Sachs VIT Small Cap Equity Insights
_____ % Goldman Sachs VIT Strategic Growth
_____ % Guggenheim VIF Floating Rate Strategies
_____ % Guggenheim VIF Global Managed Futures Strategy
_____ % Guggenheim VIF High Yield
_____ % Guggenheim VIF Multi-Hedge Strategies
_____ % Guggenheim VIF Total Return Bond
_____ % Invesco V.I. American Franchise
_____ % Invesco V.I. American Value
_____ % Invesco V.I. Balanced-Risk Allocation
_____ % Invesco V.I. Comstock
_____ % Invesco V.I. Core Equity
_____ % Invesco V.I. Discovery Mid Cap Growth
_____ % Invesco V.I. Equally-Weighted S&P 500
_____ % Invesco V.I. Equity and Income
_____ % Invesco V.I. EQV International Equity
_____ % Invesco V.I. Global
_____ % Invesco V.I. Global Real Estate
_____ % Invesco V.I. Global Strategic Income
_____ % Invesco V.I. Government Securities
_____ % Invesco V.I. Growth and Income
_____ % Invesco V.I. Health Care
_____ % Invesco V.I. High Yield
_____ % Invesco V.I. International Growth Fund
_____ % Invesco V.I. Main Street Mid Cap Fund®
_____ % Invesco V.I. Main Street Small Cap Fund®
_____ % Invesco V.I. Small Cap Equity
_____ % Janus Henderson VIT Enterprise
_____ % Janus Henderson VIT Forty

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3. Provide Investment Directions (Continued from page 5)

Transfer To (indicate whole percentages totaling 100%):

_____ % Janus Henderson VIT Mid Cap Value
_____ % Janus Henderson VIT Overseas
_____ % Janus Henderson VIT Research
_____ % Lord Abbett Series Bond-Debenture VC
_____ % Lord Abbett Series Developing Growth VC
_____ % Lord Abbett Series Dividend Growth VC
_____ % Lord Abbett Series Fundamental Equity VC
_____ % Lord Abbett Series Growth and Income VC
_____ % Lord Abbett Series Growth Opportunities VC
_____ % Lord Abbett Series Mid Cap Stock VC
_____ % Lord Abbett Series Total Return VC
_____ % LVIP American Century Inflation Protection
_____ % LVIP American Century International
_____ % LVIP American Century Mid Cap Value
_____ % LVIP American Century Value
_____ % LVIP Avantis Large Cap Value
_____ % LVIP JPMorgan Core Bond
_____ % LVIP JPMorgan Small Cap Core
_____ % LVIP JPMorgan U.S. Equity
_____ % MFS® VIT Emerging Markets Equity
_____ % MFS® VIT Global Tactical Allocation
_____ % MFS® VIT High Yield
_____ % MFS® VIT II MA Investors Growth Stock
_____ % MFS® VIT II Research International
_____ % MFS® VIT International Intrinsic Equity
_____ % MFS® VIT Investors Trust
_____ % MFS® VIT New Discovery
_____ % MFS® VIT Research
_____ % MFS® VIT Total Return
_____ % MFS® VIT Total Return Bond
_____ % MFS® VIT Utilities
_____ % Morgan Stanley VIF Emerging Markets Debt
_____ % Morgan Stanley VIF Emerging Markets Equity
_____ % Morningstar Aggressive Growth ETF Asset Allocation Portfolio
_____ % Morningstar Balanced ETF Asset Allocation Portfolio
_____ % Morningstar Conservative ETF Asset Allocation Portfolio
_____ % Morningstar Growth ETF Asset Allocation Portfolio
_____ % Morningstar Income and Growth ETF Asset Allocation Portfolio
_____ % NAA All Cap Value Series
_____ % NAA Large Cap Value Series
_____ % NAA Large Core Series
_____ % NAA Large Growth Series
_____ % NAA Mid Growth Series
_____ % NAA Small Cap Value Series
_____ % NAA Small Growth Series
_____ % NAA SMid Cap Value Series
_____ % NAA World Equity Income Series
_____ % Neuberger Berman Quality Equity Portfolio
_____ % Nomura VIP Asset Strategy
_____ % Nomura VIP Balanced
_____ % Nomura VIP Core Equity
_____ % Nomura VIP Energy
_____ % Nomura VIP Global Growth
_____ % Nomura VIP Growth
_____ % Nomura VIP High Income
_____ % Nomura VIP International Core Equity
_____ % Nomura VIP Limited-Term Bond
_____ % Nomura VIP Mid Cap Growth
_____ % Nomura VIP Natural Resources
_____ % Nomura VIP Science and Technology
_____ % Nomura VIP Small Cap Growth
_____ % Nomura VIP Smid Cap Core
_____ % Nomura VIP Value
_____ % PIMCO VIT All Asset
_____ % PIMCO VIT CommodityRealReturn Strategy
_____ % PIMCO VIT Emerging Markets Bond
_____ % PIMCO VIT Global Bond Opportunities Portfolio (Unhedged)
_____ % PIMCO VIT Global Managed Asset Allocation
_____ % PIMCO VIT High Yield
_____ % PIMCO VIT International Bond Portfolio (Unhedged)
_____ % PIMCO VIT Low Duration
_____ % PIMCO VIT Real Return
_____ % PIMCO VIT Short-Term
_____ % PIMCO VIT Total Return
_____ % Putnam VT Core Equity
_____ % Putnam VT Diversified Income
_____ % Putnam VT Global Asset Allocation
_____ % Putnam VT High Yield
_____ % Putnam VT Income
_____ % Putnam VT Large Cap Value
_____ % Putnam VT Large Cap Growth
_____ % Putnam VT Small Cap Growth
_____ % Redwood Managed Volatility
_____ % Rydex VIF Banking
_____ % Rydex VIF Basic Materials
_____ % Rydex VIF Biotechnology
_____ % Rydex VIF Commodities Strategy
_____ % Rydex VIF Consumer Products
_____ % Rydex VIF Dow 2x Strategy
_____ % Rydex VIF Electronics
_____ % Rydex VIF Energy
_____ % Rydex VIF Energy Services
_____ % Rydex VIF Europe 1.25x Strategy
_____ % Rydex VIF Financial Services
_____ % Rydex VIF Government Long Bond 1.2x Strategy
_____ % Rydex VIF Health Care
_____ % Rydex VIF High Yield Strategy
_____ % Rydex VIF Internet
_____ % Rydex VIF Inverse Dow 2x Strategy
_____ % Rydex VIF Inverse Government Long Bond Strategy
_____ % Rydex VIF Inverse Mid-Cap Strategy
_____ % Rydex VIF Inverse NASDAQ-100® Strategy

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3. Provide Investment Directions (Continued from page 6)

Transfer To (indicate whole percentages totaling 100%):

_____ % Rydex VIF Inverse Russell 2000® Strategy
_____ % Rydex VIF Inverse S&P 500 Strategy
_____ % Rydex VIF Japan 2x Strategy
_____ % Rydex VIF Leisure
_____ % Rydex VIF Mid-Cap 1.5x Strategy
_____ % Rydex VIF NASDAQ-100®
_____ % Rydex VIF NASDAQ-100® 2x Strategy
_____ % Rydex VIF Nova
_____ % Rydex VIF Precious Metals
_____ % Rydex VIF Real Estate
_____ % Rydex VIF Retailing
_____ % Rydex VIF Russell 2000® 1.5x Strategy
_____ % Rydex VIF Russell 2000® 2x Strategy
_____ % Rydex VIF S&P 500 2x Strategy
_____ % Rydex VIF S&P 500 Pure Growth
_____ % Rydex VIF S&P 500 Pure Value
_____ % Rydex VIF S&P MidCap 400 Pure Growth
_____ % Rydex VIF S&P MidCap 400 Pure Value
_____ % Rydex VIF S&P SmallCap 600 Pure Growth
_____ % Rydex VIF S&P SmallCap 600 Pure Value
_____ % Rydex VIF Strengthening Dollar 2x Strategy
_____ % Rydex VIF Technology
_____ % Rydex VIF Telecommunications
_____ % Rydex VIF Transportation
_____ % Rydex VIF U.S. Government Money Market
_____ % Rydex VIF Utilities
_____ % Rydex VIF Weakening Dollar 2x Strategy
_____ % T. Rowe Price Blue Chip Growth
_____ % T. Rowe Price Equity Income
_____ % T. Rowe Price Health Sciences
_____ % T. Rowe Price Limited-Term Bond
_____ % Templeton Emerging Markets VIP Fund
_____ % Templeton Foreign VIP Fund
_____ % Templeton Global Bond VIP Fund
_____ % Templeton Growth VIP Fund
_____ % Third Avenue Value
_____ % TOPS® Aggressive ETF
_____ % TOPS® Balanced ETF
_____ % TOPS® Conservative ETF
_____ % TOPS® Managed Risk Balanced ETF
_____ % TOPS® Managed Risk Moderate ETF
_____ % TOPS® Managed Risk Moderately Aggressive ETF
_____ % TOPS® Moderate ETF
_____ % TOPS® Moderately Aggressive ETF
_____ % VanEck VIP Global Gold
_____ % VanEck VIP Global Resources
_____ % Vanguard® VIF Balanced
_____ % Vanguard® VIF Conservative Allocation
_____ % Vanguard® VIF Diversified Value
_____ % Vanguard® VIF Equity Income
_____ % Vanguard® VIF Equity Index
_____ % Vanguard® VIF Global Bond Index
_____ % Vanguard® VIF Growth
_____ % Vanguard® VIF High Yield Bond
_____ % Vanguard® VIF International
_____ % Vanguard® VIF Mid-Cap Index
_____ % Vanguard® VIF Moderate Allocation
_____ % Vanguard® VIF PRIMECAP
_____ % Vanguard® VIF Real Estate Index
_____ % Vanguard® VIF Short Term Investment Grade
_____ % Vanguard® VIF Small Company Growth
_____ % Vanguard® VIF Total Bond Market Index
_____ % Vanguard® VIF Total International Stock Market Index
_____ % Vanguard® VIF Total Stock Market Index
_____ % Victory Pioneer Bond VCT
_____ % Victory Pioneer Equity Income VCT
_____ % Victory Pioneer High Yield VCT
_____ % Victory Pioneer Strategic Income VCT
_____ % Virtus Duff & Phelps Real Estate Securities Series
_____ % Virtus KAR Small-Cap Growth Series
_____ % Virtus Newfleet Multi-Sector Intermediate Bond Series
_____ % Virtus SGA International Growth Series
_____ % Virtus Tactical Allocation Series
_____ % Voya MidCap Opportunities Portfolio
_____ % VY CBRE Global Real Estate Portfolio
_____ % VY® Columbia Real Estate Portfolio
_____ % Western Asset Variable Global High Yield Bond

Must Total 100%

[1] New purchases into this subaccount are limited to contract holders who had an investment in the subaccount as of the date it was closed and who maintain such investment.

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4. Provide Signature

I understand and authorize the transaction(s) requested on this form.

X _____ _____ X _____ _____

Signature of Owner | Signature Date (mm/dd/yyyy) | Signature of Joint Owner (if applicable) | Signature Date (mm/dd/yyyy)

X _____ _____ _____

Signature of Representative (optional) | Signature Date (mm/dd/yyyy) | Print Name of Representative

Mail to:

First Security Benefit Life Insurance and Annuity Company of New York | Administrative Office

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